

BROTH Shabu Shabu All You Can Eat !

By Selene Lee

We may not realize that we are very fortunate to live in a city and community that has so many wonderful culturally diverse restaurants. Every now and then, new restaurants just pop up in our neighborhood, and we just can't wait to try them out. Although I love Shabu Shabu, this all-you-can-eat restaurant is one of the first in Cerritos.

Broth Shabu Shabu, located in Plaza 183 just behind Chuck E. Cheese on the right, opened a couple of months ago. I was told by our server that it is owned by the same people who operate Gen, the all-you-can-eat Korean BBQ chain, and we all know how successful that chain is.

This new place is no ordinary restaurant; it is huge and modern. They can seat more than 200 people, plus a patio with heater outside. In the center of the restaurant is a long vegetable and noodle bar where you can self-serve from a variety of vegetables, mushrooms, tofu, and noodles.

Knowing the new place may be packed later on, we went for an early lunch on a weekday as soon as they opened. We were seated promptly at a nice booth, and our server arrived almost immediately. She told us there are seven different broths to choose from, and our pot would have two compartments so we can choose two broths.

The menu shows all the meats and seafood we can order from, plus all appetizers and rice are included.



11221 183rd Street, Cerritos, CA 90703 (562) 402-8828

She cautioned that, of course, there will be a charge if we ordered more food and there were food unconsumed on our table as always.

I noticed there were three different sauces at our table, the Signature, the Yuzu and the Spicy Soy. I was told the Goma sauce was good by my friend but it was not there, so I asked our server and she brought it for us. She also brought us three different appetizers, the Gyoza, the Cheese Katsuden, and the Chicken Karaage. I asked for the Seaweed Salad, but she said they are out that day. There were just a lot of appetizers and I just did not want to fill up before we got our meats.

We ordered only two meats, both beef – the Beef Toro and the Flat Iron Steak. The Beef Toro has more marble, but I loved both of them. They were fresh and cut paper-thinned, so easy to cook.

For broth, we chose the Tonkotsu (pork bone, most popular) and the Spicy Miso. For seafood, we ordered the Shrimp, Blue Crab, Mussels and Baby Squids. Then we approached the long vegetable and noodle bar and filled our plates with tofu, baby bok choy, spinach, all sorts of mushrooms and noodles.

Our server was attentive and checked on us to see if we needed to order more food, though we had to look for her to add more base broth to our pot when it was running low. All in all, the seafood was fine, though I did not care for

the mussels. We should have ordered the swai fish, but there were no salmon and scallops. But all that for an unbeatable price of \$15.95 for lunch and \$24.95 for dinner is quite good. I think they offer more selections for dinner like the Ribeye for example.

Broth is modern, large and clean, it is a welcome place for those that love shabu shabu and vegetables. There are not too many places that offer so many different broths, include appetizers and allow you to go back and forth to the wonderful selection of the vegetables and noodles bar.

We'll definitely be back!



Appetizers, Beef and Vegetables



Two Different Broths in 2 Compartments



Seafood



Cerritos Mayor Grace Hu, Councilmembers Frank Yokoyama and Naresh Solanki, and several Chamber members assist Mod Pizza store manager Deon Griggs and his team members in cutting the ribbon at the Grand Opening of MOD Pizza in the Los Cerritos Center on May 12. MOD stands for "Made on Demand," and they have a mission to give back to the community.

MOD Pizza Opens in Los Cerritos Center

MOD is the original superfast pizza experience – a pioneering fast-casual concept that puts you in the driver's seat. Artisan-style pizzas and salads are individually sized, made on demand, and ready in just minutes.

Choose from over 30 toppings – the price stays the same no matter what you pick. At its heart, however, MOD is a platform for doing good. The idea? If we take care of our employees, they'll take care of you, and our business will take care of itself. We call it Spreading MODness, and after opening stores across the U.S. and U.K., we think it's working.

MOD was founded in 2008 by husband and wife, Scott and Ally Svenson, in their hometown of Seattle. Inspired by their own search for quick, affordable, wholesome restaurant options for their growing family, they started to wonder if there were a bet-

ter way of doing pizza – and business. The last thing the world needed was another pizza place, but maybe this one could be different.

What if everyone could get exactly what they wanted, made fresh on demand, for as little as possible? And what if employees were paid as much as possible and given real opportunities for growth, even second chances? It all started sounding pretty great, and soon Scott and Ally were opening the first MOD Pizza in downtown Seattle.

Spreading MODness means a lot of things, but mostly it means treating our employees (aka the MOD Squad) right. From above-industry pay and benefits to hiring people with special needs – including people in need of a second chance – our ethos is deeply rooted in acceptance, opportunity and development. The result? An amazing spirit of teamwork and service has emerged.

Mimi's in Cerritos Towne Center Holds Ribbon Cutting Ceremony



To celebrate the relaunch of their "Old Favorites Menu," along with indoor and outdoor restaurant enhancements, General Manager Andrew Lach and the staff at Mimi's Cafe in the Cerritos Towne Center held a Ribbon Cutting event on May 17.

Mimi's recently rejoined the Cerritos Chamber, and on hand to help celebrate were Councilmember Jim Edwards, as well as several Chamber ambassadors and members, who enjoyed a sampling of various appetizers.

Mimi's is a neighborhood

cafe offering French-inspired American comfort food. The restaurant has a private meeting room for up to 50 people and with eSign-ups, offering special deals and savings on future visits. Fundraising opportunities are also available at Mimi's.

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From My Point of View

A Tense Moment During Cerritos Mayoral Transition



By Dan E. Nino

Finally, Frank Aurelio Yokoyama, a former Cerritos City Planning Commissioner appointed by his Fil-Am compatriot, former mayor and current Councilman Mark Pulido, was elected to the Cerritos City Council in his third try. He garnered 3,069 votes with only 35 votes separating him from third placer Chuong Vo with 3,034. Former two-time Mayor Grace Hu topped the field of seven candidates with 3,376 votes.

At the Mayoral Transition on April 26, newly-sworn-in, Filipino-American Councilman Yokoyama nominated Grace Hu for mayor. Immediately, it was seconded by Councilman Pulido. Thereafter, a roll call ensued. Jim Edwards and Naresh Solanki voted “no” to the selection of Grace Hu. Astounded, Grace briefly remarked, “If I was nominated, then I’ll accept it.”

Surprised by this turn of events, Councilman Edwards delivered a brief but impassioned speech. He said, “I expected order and respect when we came to this office. I think the tradition and respect in selecting our top two officers was not followed. I feel it’s a sad day for Cerritos. I wonder how to tell our children what happened tonight. I have to speak my mind and speak the truth. This is not about personality. The selection is not done in true spirit of tradition. I’m very disappointed,” he said.

Councilman Edwards then narrated how council members gradually move up the ladder by being a mayor pro-tem first then mayor.

Former Mayor and current Councilman Pulido responded, “With due respect, we have different perspective. The corrupt way of selecting our leaders is gone. The way we elect our leaders will be open and transparent. It is our American democratic tradition that our duly elected leaders is ruled by majority and not by minority. The will of the people should be respected.

“The City Attorney certified the result of the election and Grace Hu was number one vote-getter. It may not be pretty but it is justice. I’m glad that my children are here witnessing this event unfold,” said Councilman Pulido.

Councilman Yokoyama, said, “I can’t believe I’m in this Council Chamber. Last Monday, I was second placer but was continued to be attacked. I can hardly believe it. Thank you, Cerritos voters, for the opportunity to serve my hometown.”

He said, “I was deprived of the privilege to serve on the City Planning Commission two years ago. I was disrespected to serve our community at the discretion of the councilman who appointed me. I was embarrassed and was personally attacked. I will work hard and do my best for the Cerritos residents.”

He continued, “I thank God and my creator. I thank my parents who have unconditionally loved and supported me. I can never repay you. To my dad, you are the hardest worker that I’ve ever known. To my mom, mahal kita, (I love you). To my wife Wendy, thank you for putting up with me for the stress during the campaign. For my children, you are my sidekicks.” He also thanked his array of volunteers, endorsers and supporters.

As new Mayor, Grace Hu made light of the moment when she jested to Cerritos City Manager, Art Gallucci to expand the City Council Chambers, “Do we have a budget for a bigger hall? The chamber was packed to the brim.

Artesia Resident Receives BA Degree from Northwestern College

Sarah Kubinski was among 267 graduates to receive a bachelor’s degree at Northwestern College’s commencement ceremony on May 13.

Dr. Rick Melmer, director of Leadership South Dakota, gave the commencement address. Renowned opera star Simon Estes was awarded an honorary doctorate.

Kubinski graduated with a major in elementary education

from Northwestern College. She is the daughter of Troy and Jenny Kubinski of Artesia.

Northwestern College is a Christian college of more than 1,250 students in Orange City, Iowa. Rated top-10 Midwestern college by U.S. News & World Report magazine, Northwestern provides an education committedd to academic rigor and a Christ-centered worldview.

Family-Friendly Day Trips

Kidnastics, Family Friendly Foods in Los Al

By Leah Nass, Mom Blogger at SwellMommy.com

In a little Los Alamitos business park, marked by a pixilated orange statue out front, is an Olympic training facility for kid’s gymnastics and tumbling, which also hosts some of the most stress-free birthday parties and kid events: Kidnastics. Imagine a place where a child can climb on anything and fall on a thickly padded floor avoiding most injuries. A must visit for anyone with daredevil children.

As a guest at a birthday party or event, after signing a parental waiver, the kids (and parents who want to assist) are admitted into a large, indoor play area which includes a bounce house, ramps, and a large variety of gymnastics equipment. While most of the area is free for kids to roam and explore, staff at Kidnastics also facilitates use of certain areas, like the trampoline walk, rock climbing castle and slide, as well as some of the more challenging tumbling equipment.

My 3 year old and 1 year old found new things to discover in each area of the facility, engaging in physical activities that they usually don’t get to experience on a regular playground, all without major risk of injury due to all the floor padding.

After an hour and a half

of non-stop fun, the kids are worn out and hungry.

Though there are vending machines for drinks and snacks, and hosts of well planned events at Kidnastics may provide food, Los Alamitos is home to some new family friendly food options that are not to be missed. I suggest heading over to the Mighty Kitchen, where the menu consists of foods that both adults and children enjoy, including waffle sandwiches, tater tots, sliders, macaroni and cheese, and amazingly, a blueberry pie shakes. Yes, a pie in a shake.

So much less messy than giving a kid a whole slice of pie. The restaurant is the right mix of casual with a noise level that is child appropriate, while the outdoor patio is both kid and dog friendly, making it a great place for families to refuel after all that running and jumping.

If there’s still room after dinner, or if a particularly unruly child won’t respond to anything but bribery, Pacific Organic Pops is a great post meal treat to entice the most stubborn child into good behavior. This little popsicle shop offers fruit, cream, cookie and wellness pops in delicious flavors like Arnold Palmer, Cookie Monster and Chamomile Ginger.

The organic, locally sourced, gluten-free ingredients can assuage any mom

guilt over these frozen bars. Plus, they’re buy 5 get 1 free, which is practically saving money. Kids think they’re getting a treat but it’s healthier than traditional ice cream and I’m pretty sure that Chamomile Ginger Pop can lull a tired, full child into a nice early bedtime after this little day trip.

Visitor Information

Kidnastics
10712 Reagan St.
Los Alamitos, CA 90720
Phone: (562) 431-1102

Facility is available by private appointment or planned events on their calendar. Families are also able to sign up for lessons with a monthly tuition.
<http://old.kidnasticsgymnastics.com/>

Mighty Kitchen

11122 Los Alamitos Blvd.
Los Alamitos, CA 90720
Phone: (562) 493-6489

Hours: Sunday-Tuesday, 11 a.m. to 9 p.m.; Wednesday-Thursday, 11 a.m. to 10 p.m.; Friday-Saturday, 11 a.m. to 11 p.m.

<http://www.mightykitchen.com/>

Pacific Organic Pops

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Living Water Mission Church

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Oriental Mission Church Of Orange

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Timothy Bible Ministries

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World Missions Far Corners

10945 South St Ste 306, Cerritos, CA, 90703

Tampon Tax Repeal Bill Again Advances in Legislature Gender Neutral Tax Code Sought for California

A bill to repeal the tax charged on menstrual health products advanced in the Assembly Revenue and Taxation Committee yesterday, despite the chairman’s opposition.

This is the second attempt by Assemblywoman Cristina Garcia (D-Bell Gardens) to create a gender neutral tax code. Last year the bill passed through the legislature nearly unanimously only to be vetoed by the Governor who cited a resulting loss of funds if the tax is removed.

“This is a discriminatory tax against women because this tax only affects the half of the population born with a uterus” said Garcia, who is also chair of the Legislative Women’s Caucus.

“Menstrual health products are basic health items. My period is not optional. I shouldn’t be charged a fee every month for my biology, and our tax code should be gender

neutral.”

Currently, due to the Governor’s veto last year (AB 1561, 2016), women in California still pay over \$20 million annually in taxes on tampons and sanitary napkins, paying on average \$7 a month for 40 years.

“Every month, for 40 years of our lives, we are being taxed for being born women. Every month of our adult life we are taxed for our biology. Every month we are told our periods are a luxury, while also being told they are something to be ashamed of and we must hide. I respect the Governor’s fiscal conservativeness, but the state budget should not be balanced by a tax of a women’s uterus. The same goes for local governments; our tax codes should be gender neutral,” Garcia added.

Last year New York, Connecticut and Illinois passed legislation to make menstrual

products exempt from the sales tax, bringing the total number of states exempting the products to eight.

Meanwhile, in California the tax remains and there is now a case before in California Superior Court, on the basis that tampons and sanitary napkins are not luxuries, but basic medical necessities. The compliant states that the current tax violates the 14th Amendment’s equal protection clause.

California law exempts health items like walkers, medical identification tags, and prescription medication, including Viagra®. Tampons and sanitary napkins are not exempt.

Assemblymember Garcia is committed to working with legislators and activists in California, as well as throughout the country. The movement that began last year will continue.

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Rape Definition to Include “Stealth” Bill Addresses Rape Culture Acts

(Sacramento) – A bill addressing the ongoing threats of rape culture was introduced recently at the Planned Parenthood Day of Action Rally in Sacramento. Adding “stealth” to the definition of rape in California, AB 1033 (Cristina Garcia, D-Bell Gardens) further expands the law on behalf of rape victims.

“Stealth” is the nonconsensual, intentional removal or tampering with of a condom during sexual intercourse. The practice of stealth isn’t new. Deeply rooted in centuries of rape culture based on dominance and control, particularly of women by men, stealth

is gaining attention in the media and on the internet by both straight and gay men.

Online communities have arisen where it is defended as a male “right” to “spread his seed” also details advice and support of how to have non-consensual sex without a condom.

“Stealth is rape,” said Garcia, who also chairs the Legislative Women’s Caucus. “Penetration without consent is rape.”

Current law defines rape as penetration, by a body part or a foreign object, without consent. When a condom is removed without permission

during sex, there is no consent and there is penetration.

In addition to the violation of consent, stealth exposes victims to sexually transmitted diseases and unwanted pregnancy. However, California law now does not acknowledge the act of “stealth”, necessitating AB 1033 to include its practice as a form of rape in state law.

“Stealth is another sign that some men think they can still own our bodies,” added Garcia. “I hope all the men out there blogging are paying attention because in California we’re going to lead the nation in ending the “trend” now.”

Forward to a Friend

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U.S. REPRESENTATIVE
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 39TH DISTRICT OF CALIFORNIA

Dear Friends,

The National Mall in Washington D.C. is a special place because it tells our uniquely American story. But that story is incomplete without paying tribute to the countless examples of courageous women who helped build America and sacrificed to ensure that it remains the land of the free.

I’m proud to have joined my House colleague Congresswoman Carolyn Maloney of New York in sponsoring legislation to build a National Women’s History Museum on the National Mall. This past Tuesday, we honored many great leaders behind this effort at the Women Making History Awards.

CA-39 Sends 11 Students to U.S. Service Academies

One of the most important responsibilities I have as Representative for California’s 39th District is to nominate exceptional men and women to join the ranks of the greatest military academies in the world.

Earlier this month, I hosted our Academy Appointment reception where we honored 11 outstanding men and women from the district who have accepted their appointment to attend one of the five U.S. Service Academies. Additionally, we had a record number of students appointed to West Point this year! After spending time getting to know these soon-to-be cadets and midshipmen, I’m more confident than ever that the future of our country is in good hands.

National Police Week

Last Sunday kicked off the first day of National Police week. This was an opportunity to honor our law enforcement officers from all across the country. We owe so much to these heroes who have answered the call of duty to selflessly protect our com-

munities.

To show our commitment to law enforcement officers across the country, the House passed five bipartisan bills this week that give police officers the resources necessary to better protect and serve while honoring their sacrifice.

Earlier this year, I visited the Los Angeles County Sheriff’s Department and was reminded of the sacrifices that our men and women in law enforcement make. As always, but especially this week, my thoughts and prayers are with the families of those who lost loved ones in the line of duty. This includes Whittier Police Officer Keith Boyer, who was killed while investigating a car accident in February of this year.

Honoring Chinese-American Veterans

It’s always a pleasure to spend time with members of the Chinese American Citizens Alliance (CACA). The Los Angeles CACA Lodge traveled to Capitol Hill this past week to advocate for legislation I introduced--the Chinese American WWII Congressional Gold Medal Act.

This bipartisan legislative effort recognizes the dedicated service of Chinese American veterans of World War II and collectively awards them the Congressional Gold Medal.

As always, you can follow everything I am working on in California and Washington, D.C. through my website (<http://royce.house.gov>) on Twitter @RepEdRoyce, through Facebook at Rep. Ed Royce or on Instagram at RepEdRoyce.

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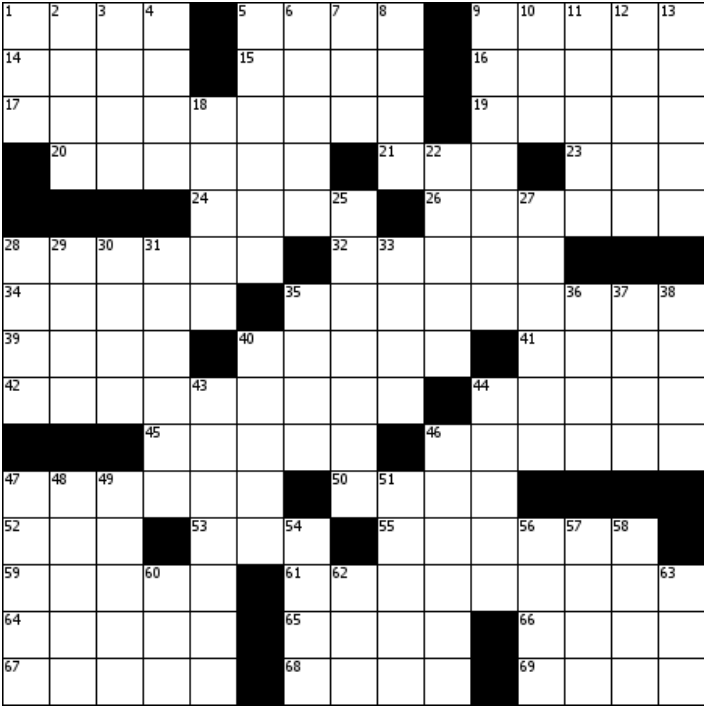
Happy Memorial Day

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562-842-7310



Crossword Puzzle #54

- Across**
- 1. It might be square
 - 5. Just one of those things?
 - 9. Is afraid of
 - 14. Suspicious of
 - 15. Hebrides island
 - 16. Individual of a clone
 - 17. Pitfall!
 - 19. Oranjestad's island
 - 20. Thread holders
 - 21. Horton's worry
 - 23. Verne's lunch?
 - 24. "Disco Duck" songwriter
 - 26. Rosie's hardware
 - 28. Afflicts with a heavy blow
 - 32. Sheer fabric
 - 34. Czech writer and president
 - 35. Pitfall!
 - 39. Jelly for germs
 - 40. Bering Sea ice cubes
 - 41. Fill to the gills
 - 42. Pitfall!
 - 44. Mortise's partner
 - 45. Moses' mount
 - 46. Burning with desire
 - 47. Merciful
 - 50. Oyster color
 - 52. Compass dir.
 - 53. Time frame
 - 55. "Eye of newt" may be a part of it
 - 59. Lots and lots?
 - 61. Pitfall!
 - 64. Olympic sleds
 - 65. Bear up there?
 - 66. Italian resort
 - 67. Inscribed tablet
 - 68. Mont Blanc's range
 - 69. "If all ___ fails ..."



- Down**
- 1. Teeming group
 - 2. Seth's boy
 - 3. Cherry placement
 - 4. Timber wolf
 - 5. Dust jacket headings
 - 6. It may be taken for a ride
 - 7. Literary miscellany
 - 8. Cassette contents, perhaps
 - 9. Word on a crate
 - 10. Mr. Potato Head attachment
 - 11. Entertain
 - 12. Offer refutation
 - 13. Guesstimates
 - 18. Alpine song
 - 22. Crisscrossed frameworks
 - 25. Rat fink
 - 27. Proficient
 - 28. Spurious imitation
 - 29. They made a star trek?
 - 30. Terrible czar
 - 31. Noted Mother
 - 33. Was behind, in a way
 - 35. One is often copped
 - 36. Batman's creator
 - 37. British prep school
 - 38. Swell fop
 - 40. Of higher quality
 - 43. Diplomacy
 - 44. Convoy member
 - 46. Betel nut palms
 - 47. Becomes well
 - 48. Like a film before editing
 - 49. Highway sign
 - 51. Like new dollar bills
 - 54. Water color
 - 56. Wight or Avalon
 - 57. Vessel for Jack and Jill
 - 58. They may be loose or split
 - 60. Sea creature
 - 62. Internet address
 - 63. Legalese surname



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TRIVIA
CHALLENGE

- 1. 1,024 Gigabytes is equal to one what?
- 2. What is the largest island in the Caribbean Sea?
- 3. In which city did Rosa Parks famously refuse to give up her seat on the bus?
- 4. In the Disney movie "Beauty and the Beast," what is the name of Gaston's bumbling sidekick?
- 5. How many teams are there in the American National Football League?

Answers: 1. Terabyte 2. Cuba 3. Montgomery, Alabama 4. LeFou 5. 32

HOROSCOPE
Taurus



April 20 – May 20

Symbol: The Bull **Element:** Earth **Quality:** Fixed
Ruling Planet: Venus — the planet of beauty and love
Body Part: Neck, throat, jaw
Good Day: Patient, organized, supportive, romantic, careful, dedicated
Bad Day: Stubborn, lazy, vain, cheap, too cautious
Favorite Things: Photography, the mountains, great music, rich/gourmet food, satin sheets
What They Hate: Being rushed, wasting money, dirty things, hotels, mornings
Secret Wish: To own the best of everything
How to Spot Them: Deep and soulful eyes, long and elegant necks, delicate jaw lines
Where You'll Find Them: Comparing prices on a luxury purchase, singing in a band or choir, working three jobs, displaying paintings at an art gallery



Crossword Answers



54

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Rotary Club Hosts Artesia Librarian at Luncheon Meeting



Something is Happening at the Artesia Library: Librarian Barbara Nightingale (third from right) spoke to members of the Artesia-Cerritos Rotary Club – Sug Kitahara, Pedro Ochoa, Councilmember Tony Lima, Manu Patel, Sharun Carlson and Mickey Brooks – at a recent luncheon meeting. She said, “We are anticipating moving into our new home this fall.” The library, which is noted for the many programs offered for both children and adults, will be available to residents and non-residents at no cost. She explained that unlike city-owned libraries, county libraries are free, and you don’t have to live in the city where the library is located.

Cerritos Council

From Page 1

The 4th of July Let Freedom Ring event in 2017 has been scaled back somewhat because it had to be planned before this budget was approved. There will still be a formal ceremony, rides and fireworks, but food trucks will replace the previous community food and game booths.

Mayor Grace Hu asked about the city’s tree maintenance program, which is budgeted for \$371,860. She said, “This a major concern of our residents.” The city has approximately 28,000 trees, and they are trimmed approxi-

mately every four years. City Manager Art Gallucci said the city’s priority is the removal of unsafe trees. “Now we are getting back to the very large Eucalyptus Trees, which should not have been planted but were,” he said.

The Council also discussed the Astor Cerritos Museum and has essentially placed it on hold for the time being until further reports are presented by staff.

On June 19, the City Council will review the final budget and at that time they are expected to approve it.



Pioneer Days Parade

Saturday, June 10



Come Join the City of Artesia’s PIONEER DAYS PARADE.
Decorate your bikes, wagons, carts, pets and vehicles!
Be part of a New Tradition!

Cerritos to Honor Meritorious Marine from Camp Pendleton on May 27

Cpl. Nicholas Maclaren, a member of the 1st Combat Engineer Battalion (1st CEB), will be honored in the City of Cerritos on Saturday, May 27 at 11:30 a.m. at the Sheraton Hotel Fountain Court. The public is cordially invited to to see the Mayor present him with a proclamation to honor him for his service.

Cpl. Maclaren and his wife Samantha will spend the weekend in Cerritos with lodging and meals complements of our sponsors: Sheraton Hotel and restaurants Grille 91, Mimi's, TGI Friday, Wood Ranch BBQ & Grill, STACKED, and the Macaroni Grill.

The Friends of the 1st CEB

are providing movie tickets to movies at the Edwards Theater in the Cerritos Towne Center. On Sunday, Cpl. Maclaren and his wife will be offered bowling at the AMF Cerritos Lanes.

Cpl. Maclaren graduated from Marine Corps Recruit Depot in December 2014, followed by Combat Engineer schooling (Camp Lejeune, NC), graduating in April 2015. His first and current duty assignment is with the 1st Combat Engineer Battalion, attached to Bravo Company 3rd platoon.

He deployed August 21, 2016 with Task Force Koa Moana 16-4. This unit was involved in bi-lateral engage-

ments with foreign militaries as well as humanitarian assistance, Military-on-Military exercises, and formal and informal classes. He currently serves as a Team Leader for 2nd Squad, 3rd Platoon, Bravo Company.

Cpl. Maclaren is an expert in his MOS and has recently graduated from Non-Commissioned Officer (NCO) Sappers Leadership school (May 19th 2017). He possesses a positive, “can do” attitude and outstanding engineer skills, and he maintains high professional standards in keeping with the highest traditions of the Marine Corps and the United States Naval Service.

Golf N' Stuff
The Finest In Family Fun Parks!

1ST CEB



FUN DAY

Thursday, May 25, 2017 • 1:30 - 6:30 p.m.

Meal Time 3:30 - 4:30 pm

Golf N' Stuff

10555 E. Firestone Blvd. @ 605 Freeway in Norwalk

\$25
per person



ENJOY

2 Hours Unlimited Rides - 1:30 to 3:30 p.m.

Lit'l Indy Go-Karts, Bumper Boats & Kiddie Train

1 Game Miniature Golf, 2 Slices of Pizza, 1 Soda & 1 Ice Cream Cup

*MINI-MINI FOR AGES 5 AND UNDER - **\$10 per person**

1 Train Ride, 1 Game of Miniature Golf, 2 Slices of Pizza, 1 Soft Drink & Ice Cream

1st CEB Adoption Committee Cerritos is hosting the 1st CEB Marines and Sailors and their families

To reserve an afternoon of fun for yourself and your family members with 1st CEB Marines and Sailors and their families, email

Dorothy Owen, dottinet@aol.com or call **562-926-1092** or **714-801-7965**.



The 1st Combat Engineer Battalion (CEB) Adoption Committee is an all-volunteer, non-profit 501(c)(3) organization. Contributions are tax deductible. All funds are used for the benefit of the 1st CEB Marines at Camp Pendleton.
MISSION: To enhance the morale and well-being of the 1st Combat Engineer Battalion and to express Cerritos' appreciation for their service to our country.

CERRITOS LIBRARY UPCOMING EVENTS

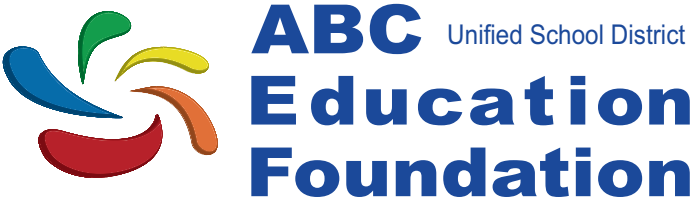


ABC Into The Summer Fun Run/Walk & Wellness Fair
A Fundraiser for ABC Schools!



Saturday, June 17, 2017
7:00 a.m. - 10:00 a.m.
Los Cerritos Center (mall)
239 Los Cerritos Center, Cerritos

5K begins at 7:30 a.m.
2K at 8:15 a.m.
Kid’s Run at 9:00 a.m.
Wellness Fair from 7:00 a.m.-10:00 a.m.



Register Early and Save!
www.abcsummerfunrun.org

Cerritos Rabies Clinic

Vaccinations Offered

DOGS

➤ RABIES: \$10

➤ DHP PARVO (6-1): \$19

➤ CORONAVIRUS: \$15

➤ BORDETELLA: \$17

➤ LYME DISEASE: \$23

➤ BIO-HAZARD DISPOSAL: \$3 (per pet)

➤ AVID MICROCHIPS ALSO AVAILABLE

CATS

➤ RABIES: \$10

➤ FVRCP (4-1): \$18

➤ FIP: \$29

➤ FELV: \$20

Tuesday, June 20, 2017

Wednesday, July 19, 2017

6:30 - 8 p.m.

Cerritos Park East, Shelter 1

13234 166th Street

Cerritos, CA 90703

LICENSING PROGRAMS

FAST TRACK - Found pets are reunited quickly with their owner or rushed to the appropriate Veterinarian if severely injured, through the Fast Track licensing program.

FREE RIDE HOME - Your pet gets a Free Ride Home the first time it is found. Animal care staff will attempt to deliver your pet home to you immediately, skipping a trip to the animal shelter where it might be exposed to potentially sick animals who have also just arrived.

Checks for dog licenses must be payable to **City of Long Beach**.
Checks for vaccines must be made payable to **City of Cerritos**.
(Driver's license number with expiration date is needed on all checks.
Returned checks are subject to a \$10 City of Cerritos service fee)

Dog LICENSES available to Cerritos/Long Beach/Los Alamitos/Seal Beach and Signal Hill Residents ONLY.

\$20 License Fee (Unaltered Dog) - Cerritos Residents

\$10 License Fee (Altered Dog - certificate required) - Cerritos Residents

Senior Citizens (60+ years) - 50% Discount on License fee ONLY;

A maximum of three altered dog discounts permitted per Cerritos Senior household.

AVID MICROCHIPS: \$25 Per Cat or Dog

For more information about dog licenses and/or microchips, call the **Long Beach Animal Care Services at (562) 570-7387**.

Clinic is sponsored by **LONG BEACH ANIMAL CARE SERVICES & ARTESIA ANIMAL HOSPITAL** in cooperation with the City of Cerritos, Community Safety & Community Participation Divisions.

COMMUNITY PARTICIPATION - (562) 865-8101

CHECK OR CASH ONLY FOR ALL SERVICES

EXTENDED STAY - Your pet gets an Extended Stay. When found, your licensed pet will be cared for by a veterinarian at the Animal Shelter for a longer period of time (up to 14 days rather than 6 days) prior to being put up for adoption.

VACATION PET ALERT- You and your pet get the Vacation Pet Alert. When you leave home on a vacation, call to register where your pet will be while you are on vacation, who will be taking care of your pet, and where to reach you.

CITY OF CERRITOS - RECREATION SERVICES DIVISION

KIDS POSTER CONTEST

Cerritos residents, ages 5 to 14, and students currently attending schools in the ABC Unified School District or Valley Christian Schools are invited to celebrate July as Parks and Recreation Month by submitting one poster no larger than 17" wide x 11" high poster using any drawing/painting materials (pencils, chalks, pastels, crayons, water colors or acrylics) to depict the theme:

"Parks Make Life Better® In Cerritos"

Please do not mat, mount or frame your poster; City staff will make necessary mountings to all posters for display purposes. Please make sure your name, age, address, and phone number are on the back of the poster or attach an official entry form.

Participation is Free !

Entries must be delivered to the Recreation Services Division at Cerritos City Hall no later than 5 PM on Wednesday, June 21. Winning posters and a selection from each age group will be displayed at the City's Let Freedom Ring Celebration on Tuesday, July 4, at the Civic Center.

For more information, please call the Recreation Services Division at (562) 916-1254.

Parks Make Life Better!

City of Cerritos Recreation Services Division

City of Cerritos - Recreation Services Division

2017 Parks and Recreation Month Poster Contest Entry Form

Name: _____ Age: _____

Address: _____ City: _____

School: _____ Grade: _____

Phone: _____ E-mail: _____