



“Mamma Mia!” Musical Presented at CCPA in August



The Broadway blockbuster “Mamma Mia!” will be presented at the Cerritos Center for the Performing Arts (CCPA) in August by the award-winning 3-D Theatricals. Show times are 8 p.m. on Friday, August 17 and 24; 2 p.m. and 8 p.m. on Saturday, August 18 and 25; 2 p.m. on Sunday, August 19 and 26; and 7:30 p.m. on Thursday, August 23.

The feel-good family-

friendly show features hits from the iconic band ABBA, including “Dancing Queen”; “Take a Chance on Me”; “Money, Money, Money”; “Lay All Your Love on Me”; “The Winner Takes It All”; “Knowing Me, Knowing You”; “Super Trouper”; and “Thank You for the Music.”

A celebration of mothers and daughters, old friends and new family found, “Mamma Mia!” profiles the life of independent Donna, who owns a small hotel on an idyllic Greek island. Donna is preparing to marry off her spirited daughter, Sophie.

‘Mamma Mia’ musi-

cal at the CCPA - 2 raised alone. For Sophie’s wedding, Donna has invited her two lifelong best girlfriends – no-nonsense Rosie and wealthy divorcee Tanya – from her one-time backing band, Donna and the Dynamos. But Sophie, determined to find the identity of her father to walk her down the aisle, has secretly invited guests of her own – three men from Donna’s past.

Over the course of 24 chaotic, magical hours, new love blooms and old romances are rekindled on this lush island full of possibilities. Tickets for “Mamma Mia!” start at \$40. To order tickets, go to cerritoscenter.com and select your own seats, or call the CCPA Ticket Office at (562) 916-8500.

City of Cerritos Honors a Meritorious Marine from Camp Pendleton



The City of Cerritos “Adopted” the Marines and Sailors of the 1st Combat Engineer Battalion, stationed in Camp Pendleton, on November 11, 2007. Sergeant Mark D. Lunschin, a member of the 1st Combat Engineer Battalion (1st CEB), will be hosted and honored by the City of Cerritos on Saturday, July 21 at 11:30 a.m. at the Sheraton Hotel Fountain Court.

Sgt Lunschin, his wife Megan and 8-month old son, spent the weekend in Cerritos with lodging and meals complements of our sponsors: Sheraton Hotel and restaurants Grille

91, Mimi’s, TGI Friday, Wood Ranch BBQ & Grill, STACKED, and the Macaroni Grill. The Friends of the 1st CEB are providing Sgt Lunschin and family to an Angels game on Saturday. In addition, Sgt Lunschin will be offered free bowling at the AMF Cerritos Lanes.

Mark D. Lunschin was born in Tamuning, Guam on September 24, 1994. He enlisted in the Marine Corps on March 10, 2013 and attended recruit training at Marine Corps Recruit Depot, San Diego. Upon graduation in June 2013, he was promoted to Pri-

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Restaurant Review: #EverythingLA



You’ve probably heard the word taqueria, but do you really know what it means? According to Merriam Webster, a taqueria is a Mexican restaurant specializing in tacos and burritos. On Facebook I started out with the goal of writing about ten taquerias in the greater Los Angeles region. With people offering their favorite taqueria, I had to raise that number to 25 and 25 doesn’t do justice to the amount of taquerias in Los Angeles. I have chosen five of my favorite taquerias.

The first taqueria on the list is Al and Bea’s in Boyle Heights, which has been in

business since 1966. I have been to the place more times than I care to admit. One time I pulled up late and asked the clerk, “What’s going on?” He replied without changing expression, “Just waiting for you!”

I keep my order simple – I order a bean and cheese burrito with green sauce on the side. You may wonder what’s so special about a bean and cheese burrito. I can tell you that for anyone who grew up on the East side, a good bean and cheese burrito is as essential as an In-N-Out Burger. Al and Beas’ bean and cheese

See Restaurant Review Page 6

CHECK OUT OUR WEBSITE:
www.gatewayguardiannews.com

What is Bad Kitty Eating?



To win a \$25 certificate, please email Melinda Kimsey at: mkimsey007@verizon.net with what Bad Kitty is eating at Ave 3. Hint: Bad Kitty loves to eat anything with cheese in it.

Things Bad Kitty doesn’t like:

- Asparagus
- Bathing
- Cauliflower
- Dogs
- Exercise
- Fans
- Gargoyles
- Healthy Food
- Insults
- Jazzercise
- Kale

Things Bad Kitty does like:

- Airplane Rides
- Badminton
- Candy
- Driving Cars
- Enormous Donuts
- Funny Jokes
- Games
- Hobbies
- International Travel
- Junk Food
- Karate

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GATEWAY GUARDIAN Newspaper, Inc.

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Dedicated to providing a local community newspaper that serves the needs of the community and promotes goodwill throughout the Gateway region.

Our mission is to celebrate diversity, encourage critical thinking, and promote success among merchants, residents and local governments. This mission will be accomplished through the partnership of neighborhoods, businesses and professional organizations that are dedicated to integrity.

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The Gateway Guardian is grateful for the following guest writers who have submitted articles and have contributed to the success of the newspaper: Brad Beach, Edna Ethington, Dr. Bob Hughlett, Leah Nass and many more.

Ad deadline is the Friday before publication date. Camera-ready copy is accepted or custom ads may be designed by the staff.

Declared a legally adjudicated newspaper of general circulation on June 7, 2016, in the County of Los Angeles by Court Case BS-159353

COMMUNITY calendar



CERRITOS:

Cerritos City Council Meeting
 Thursday August 9, 7 p.m. Council Chambers

Concert Under the Stars
 Thursday August 9, 7 p.m. Heritage Park

Classic Car Show
 Thursday August 9, 7 p.m. Heritage Park

CERRITOS REGIONAL CHAMBER:

Taste of the Region
 Thursday, September 27th, 4:30 p.m.–7:30 p.m.
 Cerritos Center for the Performing Arts
 12700 Center Court Drive
 Cerritos, CA 90703

First Responders Artwork Suggestions

The Cerritos Fine Arts and Historical Commission is seeking input from the community for the First Responders Artwork that will be installed in the area near the north entrance of the Cerritos Sheriff's Station. The artwork will pay tribute to and show appreciation for the heroic efforts of the men and women who have dedicated their lives to protect the citizens of the community. The artwork will be funded by restricted contributions that have been placed in the City's Art In Public Places Trust Fund from private developments.

IF YOU SEE
 SOMETHING,
 SAY SOMETHING.

Cerritos Sheriff's Station is Safe Zone for Online Transaction Exchanges

The Cerritos Sheriff's Station lobby and parking lot are available as safe locations for buyers and sellers to meet to complete online transactions. The Cerritos Sheriff's Station lobby is open 24 hours a day, seven days a week and is located at 19125 Bloomfield Avenue, Cerritos, CA 90703. The phone number is (562) 860-0044. For tips to follow when meeting a stranger to complete an online transaction exchange go to http://www.safecerritos.com/pdf/Internet_transactions.pdf

1st CEB Adoption Committee

supports the U.S. Marine Corps 1st Combat Engineer Battalion at Camp Pendleton and the troops currently serving overseas.

JOIN THE FRIENDS of the 1st CEB
Cerritos, California



VOLUNTEER

- Write Letters
- Send Care Packages
- Plan Events
- Donate Money



You don't have to be a Cerritos resident to participate.

[http](http://www.safecerritos.com/pdf/Internet_transactions.pdf)

GATEWAY GUARDIAN

MAJOR DROP SITES:

Pick up your copy of the paper at one of the following locations.

ABC School District Office
 Artesia Library
 Artesia City Hall
 Automobile Club in Cerritos
 Ave 3 Pizza, Subs & Catering
 Cerritos Chamber Office

Cerritos City Hall & Library
 Cerritos Liberty Park
 Cerritos Park East
 Cerritos Senior Center
 Cerritos Sheriff's Station
 Cerritos Swim Center

Local Church Celebrates 24th Anniversary



Bible Believers Missionary Baptist Church will be celebrating its 24th Church Anniversary on Sunday, August 12 from 8:00 - 10:15 A.M. at 6540 E. Del Amo Blvd., Lakewood, CA 90713.

The guest speaker, Morris W. O'Kelly, radio and

television commentator, can be heard on KFI Talk Radio 640 AM in Los Angeles and is a regular analyst for CNN. The Anniversary theme is "Honoring Families," scriptures Genesis 28:14 and Colossians 28:14. Rev. Lester Eugene Barrie is the Senior Pastor.

Confidential Help for Veterans and Their Families



District Office:
 16700 Norwalk Blvd.
 Cerritos, CA 90703

Next School Board Meeting:

August 21
7 p.m.

www.abcusd.k12.ca.us/pages/ABC_Unified_School_District

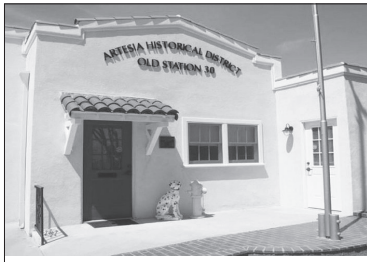


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Mixing Recreation With Business



By Melinda Kimsey

Greetings Friends and Neighbors,

I am so pleased to welcome a new guest writer. He goes by the name of Jack Kimsey and yes, he is my grandson. I have been wanting a Kid's Korner for some time and it seems like a good idea to start with Jack's column. School is just around the corner and, in the past, I have had a few principals ask if I would be interested in having some of their students send in an article. Well, the time is right, and I will be working with any of the students who would like to participate in the Kid's Korner, and yes, I like photos too.

Hope you are enjoying

the hot summer days. Soon, summer will be over, and we will be celebrating Fall. There are still plenty of Summer events happening in our community. I went to the Jeans and Java event for the Cerritos Regional Chamber. It was a very good time and hosted by the Starbucks located across from Cerritos College. The coffee and snacks were compliments of Starbucks with a donation to the staff. Good times.

Congratulations goes out to the Milken scholarship award winners. There are four in the paper this week and their stories are an inspiration to all of us. Surly, our community will be in good hands with these future leaders.

As usual, Dennis, our restaurant tour guide has visited and reported on some fabulous places to eat. I told Dennis that I seriously need to follow him around because just reading about the places he is recommending, is making me so hungry. A big shout out to Dan Nino

with his reflection on the benefits of getting to know your neighbors. I have had several people tell me over the years how much they like the July 4th event, and all of the other city events. I agree that anytime the city residents get together, it is a good thing.

Lastly, a big shout out to some of our advertisers who are very active in the community. City of Cerritos, Trinity Reprographics, Orchard, The Grove, Cerritos College, and Norwalk/La Mirada Plumbing. These fine folks are busy getting ready for Sending Students to School events. Basically, they donate school supplies to different school districts. The drop off place is Trinity Reprographics, located on 166th street in Cerritos. Anyone can contact Trinity and the awesome staff will be glad to accept your donation for the students in our community.

As always,
Happy Trails!

What's Happening in Cerritos



By Brad Beach

Another heat wave is here and it is very hot! Please remember not to leave your pets or children in the car even for a little bit. Limit yourself to outside activity during peak hours, drink lots of water and go somewhere cool if you need to.

I have some great news to report on the crime front. For the first six months of this year residential burglaries are significantly down from 193 during the same period last year to 110. It is still 110 more than we need, but the reduction in 83 burglaries is a success. Thank you to Captain Nunez, Safety Manager Daryl Evans and all of LASD.

And a big shout out to the sheriff's department for their great video in participation of the national "lip sync challenge." You can

view it on their website through most social media channels.

Several cars have unfortunately been stolen from our driveways so make sure to lock your vehicles and use a red club device if you have one. And residential burglaries use to just primarily take place between Monday and Friday from around 9 am until 3 pm. We are now getting hit at night and on the weekends. My wife recently saw a white male checking car doors and trunk handles at about 2 p.m. on our street. We called the sheriff and they arrested him quickly for being under the influence of drugs.

The ABC Board of Trustees recently voted 7-0 to put a \$258 million dollar bond on the ballot in November. I chaired the Facilities Committee and can report to you that we spent over 18 months working on the new Facilities Master Plan. Our team visits all the schools in the district and spoke with or got input from over 1,100 people. We brought the amount of the plan down by approximately \$400 million from the last Facilities Master Plan and concentrated

on safety, infrastructure and 21st century modernization. All of the money will go to making our kids safe and improving their learning environment. None of the money can go to teacher salaries or benefits.

The schools that I surveyed looked similar to the way they did when I went to Mary Bragg Elementary, Haskell Junior High and Gahr High School. They are simply not safe from an active shooter in my opinion and studies show that kids learn differently today. The district will be studying enrollment, school of choice and looking for alternative funding sources to help the bond measure succeed. The average assessed value in the ABC District is \$305,000 and approval of this measure would raise your property taxes approximately \$150 a year. If you are a senior like my parents and bought in the 1970's you will pay between \$25-\$50 a year.

The City is also continuing their summer activities at most of the parks. There is still a lot of fun to be had before school starts.

Be safe, Cerritos!

The Benefits of Video Games Today

By Jack Kimsey

Hello! This is a new column in the Gateway Guardian that is all about video games! This column will be filled with tips, tricks, descriptions, and even ratings of all kinds for video games. If you know any kids that play various video games show them this after your done reading about the news going around, or read this yourself if you want!

It will be kid-friendly and fun for kids of all ages to read. In addition, I won't be just copying some other person's information. I may cite sources and such but no plagiarism.

Along with that, I will only be writing about video games I know about. My name is Jackson Kimsey, grandson of Melinda Kimsey, owner of the Gateway Guardian, as you probably know, and am 12 years old. I am also a gamer myself, so I'm not just a kid who looks this information up just to use it here. Most of my writing is from my experience, backed up by facts if needed.

So enough about me! What you're asking about is probably, "So what are you writing about this week?", so here it is folks! Since today is special, and my first column, instead of what I'll do in the future, I'm going to talk to the parents or kids but mostly the parents about video games.

There are multiple issues that most parents have with video games. That they are "bad" for your health and several other issues/lies. Now on to the subject of playing video games causing health issues—playing video games for too long can cause issues; however, most kids don't sit and play half a day straight, let alone and entire day.

There is one benefit that should overjoy parents of children who play video games, but most think the complete opposite. Video games, (Drum roll please!) are a good source of learning!

"But I thought video games rot your brain?" Of course they don't! That's

just silly! Video games believe it or not help you to learn new things. Video games with text on the screen such as Pokémon require, yes require, you to read text on the screen! If you put two and two together, you can conclude that gaming can help with reading skills. They may even teach you random facts if it is a realistic game!

Another big thing parents may have embedded in their minds about video games is that they make children violent. If your children are acting violently they: 1. Have bad friends or influences in their lives besides video games, and 2. Are most likely playing violent video games that they shouldn't be playing.

Of course, if they were playing games that are hyper-violent or gory, then they would be violent. You or your parents should make sure you don't play games like that, if you aren't old enough. Many video games don't have violence at all.

Video games can improve memory, problem-solving skills, and brain speed. You need to remember controls, dialogue, etc. in games, which improves memory. The ability to decide on the fly is also needed for most video games.

Because video games have constant and ever-changing audio and visuals, or stimulators, players' brains have to work faster to interpret them, which improve brain speed, or the ability to process things faster.

Now that you have heard my argument for video games, instead of trying to get your kids to stop playing video games, you should encourage them to play! Maybe even play them yourself if you want. You could even compete in official competitions for a couple of video games, and earn a ton of money.

Perhaps if you encourage your kids enough, they could win one and share a little of their small fortune with you...

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The Grove at Cerritos: Summer Concert

The Grove at Cerritos presented the summer concert series with a visit from the LA Sheriff's Department Band. The original band was composed strictly of officers, but now the group comprises of both professional musicians and avid amateurs, including city employees and retired officers. They have evolved into one of the premier concert bands in California. Delicious hors d'oeuvres and refreshing beverages were available. The summer concert series will continue through September. To RSVP or to learn about upcoming concert dates, please 562.219.3860 or email RSVP@TheGroveatCerritos.com.



Multi-Chamber Networking Mixer at the Grove

On July 25th over 100 Cerritos chamber members joined the residents at The Grove at Cerritos who hosted the multi-chamber networking mixer. There was delicious food and fabulous door prizes. The live music was provided by Reggie "Vision" Alexander with nearly everyone dancing.

The Grove is located at 11000 New Falcon Way in Cerritos and is the premier independent and assisted living facility in our community.



Cerritos Sculpture Garden Safety and Etiquette Reminder



In 2006, the City of Cerritos dedicated the Cerritos Sculpture Garden as a 50th anniversary gift to the community. Since then, the garden has become a popular City site for taking photos and quiet reflection. Because the Sculpture Garden features a collection of valuable public artwork, the City would like to remind residents and visitors that the venue is an outdoor art collection and should not be utilized as a playground. Climbing or standing on

the art pieces and displays is prohibited as this can be hazardous to patrons and also cause damage to the sculptures. Respecting these guidelines ensures that the Sculpture Garden remains an open and inviting place to embrace art, nature and peaceful contemplation for many years to come. The art collection is a valuable City asset and any damage to it require sprofessional restoration to repair, which can result in unanticipated funding.

New Eagle Scout Honored



The Cerritos City Council recognized Grant Chu from local Boy Scout Troop 72 for achieving the rank of

Eagle Scout. Only 6 percent of the organization's membership holds the distinction, which

is the highest award in the Boy Scouts of America. Chu organized and planned the collection of clothing to be donated to WHW, formerly known as Women Helping Women. He collected 843 items, making it the single largest donation WHW has received since its establishment. The project took 37 volunteers approximately 146 hours to complete.

Cerritos Regional Chamber Ribbon Cutting



AMP STAFFING NETWORK
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Owner is Lee Natividad (with scissors) pictured cutting the ribbon with his family, co-workers, Mayor Mark Pulido, and Cerritos Chamber Board Members & Ambassadors. Staffing Network has expanded current services to include master booking, block scheduling, travel staffing solutions, and private duty. Leading provider of healthcare services focusing on the per-diem and traveling segment.

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Last year, Justin Hogenauer traveled to South Africa with Earthwatch Institute to study the conservation of endangered rhinos facing threats from poachers. The small group of students and scientists ran dozens of experiments, including recording vigilance behavior, tracking spatial distributions and collecting dung.

As vice president of the Ecology and Wildlife Club at Whitney High School in Cerritos, Justin researched, planned and built two drought-tolerant and produce gardens, including coordinating landscaping proposals and creating a compost system. He founded Eco-Education, a student-run science education program, designing interactive dart frog vivariums and self-sufficient freshwater aquariums for elementary classrooms.

An aspiring environmental scientist, Justin spent his childhood exploring the wilderness with his family; his late father earned a spot in the Guinness Book of World Records as the first person to visit every national park in the U.S.

An AP Scholar with Distinction, Justin served two years as president of the California Scholarship Federation (CSF), leading meetings, arranging scholarships and organizing beach cleanups; under his leadership, CSF membership increased 25%. He was vice president of the National Honor Society, program coordinator for the Big Buddy program, a member of the Science and French National Honor Societies, and a National Society of High School Scholars Ambassador. Justin competed on the varsity track and cross-country teams, broke his school's record in the 800 meter race, and was named Athlete of the Year. As an intern at Boeing, he worked on experiments in ceramics testing and carbon fiber and plastic additive manufacturing, spending time in the groundwater remediation center, commercial airlines operations center and airplane "boneyard."

Justin will study environmental science at the University of California, Berkeley and plans a career as an environmental advisor.



Nicole Schreiber has a dual interest in business and technology. After taking AP Computer Science as a freshman, she was shocked by the lack of girls in her class and was inspired to help more

girls pursue the subject. Nicole has taken the most computer science classes in the history of Brentwood School, exploring interests from cybersecurity to financial modeling, and won regional and national awards from the National Center for Women in Technology (NCWIT). For the past two years Nicole led a team to run Girls Code IT, a computer science camp for girls, using \$6,000 in grants from AspireIT to offer scholarships for daughters of veterans. Nicole was the co-president of Brentwood's STEAM Day planning committee, directing computer science activities for the citywide event.

Nicole is an AP Scholar with Distinction and a QuestBridge College Prep Scholar. After studying financial modeling at the Expert DOJO Startup Academy, Nicole now helps companies balance technology and finance needs. She developed a school-based babysitting app and was a financial analyst intern with Tech Coast Angels, working on deep market analysis alongside MBA students. Nicole also managed a five-person social media team for online clothing retailer Fitlogic. In a case study competition sponsored by the University of California, Los Angeles's Anderson School of Management and Bain & Company, Nicole led the winning team in developing a new business model for United Way. In addition to her academic and extracurricular pursuits, Nicole captained Brentwood's varsity tennis team and teaches tennis at the school's summer camp.

Nicole will study computer science, business and economics at the University of Pennsylvania and is considering a career in software engineering or finance.



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Jae Yi (Jamie) Kim, a graduate of Beverly Hills High School, has made a priority of helping people share their stories. As co-editor of Highlights, the school newspaper, Jamie integrated multimedia content into the paper's website and won awards at the Los Angeles Regional Write-Offs. With the HeartShare Club, Jamie led community art projects for Koreatown's seniors and intellectually disabled adults, raising more than \$10,000 to fund the program. She founded Color Seed, a non-profit that helps disabled musicians build dexterity through art, raising funds to send the orchestra to South Korea to perform.

Jamie is an AP Scholar with Distinction, National Merit Finalist, QuestBridge National Match Finalist and College Prep Scholar, Gates Scholar, and a member of the National Honor Society and California Scholastic Federation. She made the honor roll of the National Scholastic Press Association, earned the President's Volunteer Service Gold Award, was named Outstanding Student by the Korean American Scholarship Foundation, and co-captained the varsity swim team. As the first female Korean governor for her district of Interact, which plans service and social events for 72 Interact clubs around Los Angeles, Jamie organized holiday parties for low-income families and served meals on Skid Row.

An enthusiastic scientist, Jamie participated in the California Institute of Regenerative Medicine Summer Program to Advance Regenerative Medicine Knowledge (CIRM SPARK), investigating whether Lund human mesencephalic cells could be used to create a human model in vitro for Parkinson's disease. Jamie also co-founded and co-captained her school's Science Olympiad team, which competed in events ranging from herpetology and thermodynamics to anatomy and pathology.

Jamie will study neuroscience and Spanish at Princeton University and plans a career in medicine.



Confidential Help for Veterans and Their Families



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By Dennis Sanchez

Continued From Page 1

burrito takes me back to a time when the world moved at a slower pace and taquerias took pride in their re-fried beans and put in just enough cheese to make it like my Grandmother Ruth used to make them.

Other house specialties include the combination burrito which consists of shredded beef and beans and the chicharron burrito, soft or hard tostada, taquitos and, of course, tacos. The green sauce is out of a dream about my grandmother cooking me a meal one last time.

The line can get long; the parking can be tough,

but, as I say, almost every time I bite into that burrito: “You know what I like!” Al and Beas is located at 2025 1st Street in Boyle Heights.

The origins of the taco are really unknown. One theory is that it dates back to the 18th century when miners created a concoction they called tacos de mine-ro or miner’s tacos. This makes sense considering miners would throw anything together for a quick meal before going back into the mine! One stop that has perfected the taco is the second taqueria Tito’s Tacos in Culver City.

Since 1959, lines of people have formed both night and day for the tasty, hard shell tacos at this Culver City eatery. It is a bit rare and a bit “Gringo” to find a taqueria still making hard-shell tacos, but judging by the lines at Tito’s the formula still works. Tito’s mild and slushy, tomato-based salsa is still a favorite on the West side, even though some hard core taqueria eaters may complain it is a bit mild. Did I mention that the

lines are long? Take heart because they move fast, and there’s ample seating. Parking can be difficult, but worth the effort. Tito’s Taco is located 11222 Washington Blvd. Culver City.

The third taqueria is in the Los Feliz District where at 2056 Hillhurst Ave. you’ll find “an 8 by 10 foot piece of L.A. History!” That is what the Los Angeles Times said about “Mama” Socorro Herrera Yuca’s Hut.

At Yuca’s you may very well bite into the best Carne Asada Burrito you’ve ever tasted! You want a Coke to go along with it? You’ll be directed to the liquor store next door. Yucas can’t be bothered with soft drinks when the food is the thing! The burrito is made with real beans and tender pieces of beef in a square, so the tasty sauce doesn’t drip on your shirt. You may be surrounded by Toyota Priuses and Millennials who give you the answers to all your problems whether you ask them or not, but the food experience is worth it!

The fourth taqueria is in

the West San Fernando Valley. Las Fuentes is never a hit and miss! Breakfast, lunch or dinner—you can’t go wrong! Appetizers include Nachos Al Carbon, shrimp nachos, and Papa Nachos to name a few.

Quesadillas include chicken or beef, shrimp. There are various types of burritos, but my favorite is the chilli relleno Burrito. I can’t explain it other than to say “Yum, Yum!” Las Fuentes sells various types of tacos including fish, shrimp, chicken, and beef.

Las Fuentes offers a “Kiddy Corner” where kids can ordered anything from a hamburger, crispy tacos to tamales and enchilada plates. You order at the counter, and the food is brought to your table. Make sure you order a bowl of warm chips for 99 cents and make good use of the salsa bar that offers various types of salsas. Prices for kids and adults are reasonable, and I guarantee you that if you go, you’ll keep going back. Las Fuentes is located at 18415 Vanowen

in the city of Reseda.

The last taqueria on the list is in the city of San Fernando. Carrillo’s Tortilleria is a family-run business that “started from nothing and grew to become a Southern Californiatradition.” This place is known for some marvelous authentic Mexican food. It is a must stop for tamales. The beef and cheese with green chili tamales are very popular. They have combo plates that come with beans, rice and salsa.

Carrillo’s also has an amazing Carnita and Asada plate that are excellent and reasonably priced. They sell Mexican Coke in those tall bottles. Their Menudo and other caldos are very popular, but there are seriously long lines for grub here. Carrillo’s Tortilleria is located at 1242 Pico St, San Fernando.

I started my search for great Los Angeles taquerias with the goal of uncovering ten or so. I am at 25 and still going. If you’re interested in discovering more taquerias, add me on Facebook.

CERRITOS 4TH OF JULY IS ALL TOO FAMILIAR REFRAIN AND THEN SOME



By Dan Nino

As in previous years, every 4th of July on Bloomfield Ave. between Center Court Dr. and 183rd Street, the City of Cerritos is filled with people from all walks of life and culture to witness the fireworks display zoom into the sky while patriotic songs blare in the background.

The front of City Hall and Library is closed for the

revelers to enjoy an array of rides, game booths and food from catering trucks with diverse menus. I also saw families savor their picnic and frolic spiritedly in an open space at the same time.

A brief program participated in by city officials, and distinguished guests preceded the revelry. A sizzling band provided danceable music that’s irresistible to ignore and added spice to the evening of fun. Cerritos Mayor Mark Pulido emceed the program.

After that, he came down, cajoled the crowd to let their hair down and dance to the beat of the music. Former Mayor Grace Hu and ABC School Board Member Sophia Tse took the cue and joined the swelling crowd. They danced to their

hearts’ content.

This is one major event of the city whose budget should not be eliminated where people enjoy in a carefree manner. I symbolically dub it as a “participatory democracy.”

The beauty of this 4th of July celebration is the socialization aspect. Friends and neighbors with divergent political views that we don’t usually meet in our daily grind showed up at the venue. Members of the Let Freedom Ring Committee, Cerritos Council members, keynote speaker Los Angeles County Sheriff Jim McDonnell as well as two representatives from Sons of the American Revolution took turns to ring the freedom bell, a symbol of the 13 original colonies of the Union.

Free Document Shredding Offered on August 11

The City of Cerritos is offering a Community Shredding Event from 8 a.m. to noon on Saturday, August 11. The event will be held in the parking lot of the Cerritos Senior Center located at 12340 South Street.

Community members may bring up to two banker-sized (12” wide, 15” long and 9.5” deep) boxes of paper documents to be shredded at no charge. Documents will be shredded

on-site at the program. This is a secure way to dispose of paperwork that contains private information.

No business, organization or nonprofit records will be accepted. Only personal paperwork will be shredded. Help will be provided to those who need assistance unloading boxes. For more information about the Community Shredding Event, call the Cerritos Senior Center at (562) 916-8550.

Contract Awarded for Citywide Sidewalk, Curb and Gutter Repairs

The Cerritos City Council recently awarded an annual contract for sidewalk, curb and gutter repairs to C.J. Concrete Construction, Inc. of Santa Fe Springs. The contract includes sidewalk, curb and gutter repair

and replacement; construction of wheelchair ramps; curb address repainting; replacing colored curbs and gutters; tree-root pruning; and miscellaneous concrete improvements as needed throughout Cerritos.

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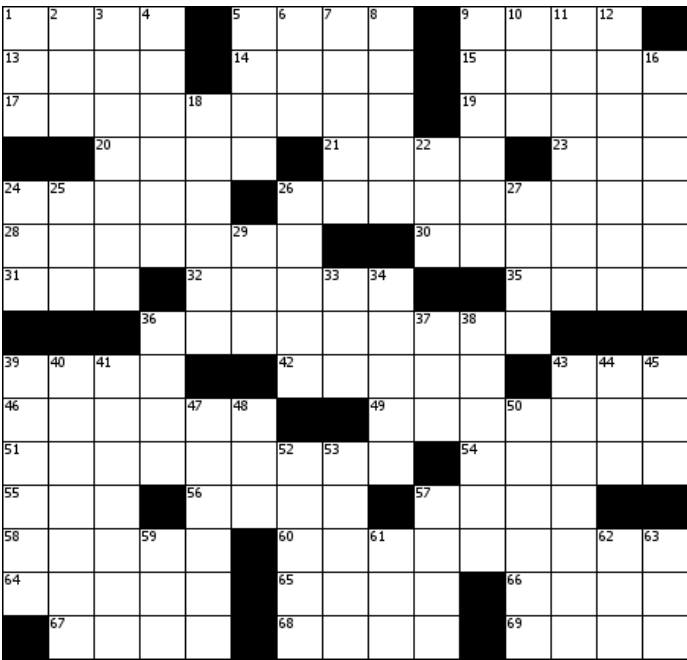


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Puzzle #85

Across

- 1. Certain house of worship
- 5. Neeson of "Nell"
- 9. Gov. division
- 13. Artist Bonheur
- 14. Tart role for Shirley
- 15. Spreads on bread
- 17. Cooler cousin
- 19. Magus gift
- 20. Sufficiently cooked
- 21. Alpha's follow-up
- 23. 1992 skating medalist
- 24. Just when expected
- 26. Building protrusion
- 28. All the worse for shouting
- 30. No matter who
- 31. Bobby of the Bruins
- 32. Steep rocks
- 35. Tend to the batter
- 36. Lopsided court count
- 39. Sol's beginning?
- 42. Black suit component
- 43. Commencement wear
- 46. Mint order?
- 49. Unfortunate bottom line
- 51. Fresh from the oven
- 54. Tot's truck, perhaps
- 55. Addams family cousin
- 56. Sticky gunk
- 57. Does a dog trick
- 58. Reprove
- 60. Event for Jesse Owens
- 64. She raises a racket
- 65. Gear for a trireme
- 66. Girlfriend, in French 101
- 67. It'll make you pull up stakes
- 68. Ayatollah's predecessor
- 69. Heart and soul



Down

- 1. ___ Lanka
- 2. Ad ___ committee
- 3. Classified item, often
- 4. Tony Blair's party
- 5. Cause of some head scratching
- 6. Bug
- 7. Jellylike blob
- 8. Tony Blair's chum
- 9. Field of influence
- 10. TV's Tarzan
- 11. Green gem
- 12. Ice cream confection
- 16. Surprise for the bride
- 18. World org. based in Paris
- 22. Former U.S. carrier
- 24. "So that's your game!"
- 25. Here / there separator
- 26. Young fussbudgets
- 27. Wall St. landmark
- 29. Mess up
- 33. Rook
- 34. Partiality
- 36. Centers of attention
- 37. Beethoven's "___ to Joy"
- 38. Examined carefully
- 39. Jelled juices
- 40. Disparaging nickname
- 41. T. Rex, for one
- 43. Take in
- 44. Quiz
- 45. Largest book of the OT
- 47. Take in
- 48. Prima donna's problem
- 50. Bottleneck
- 52. Vagrants
- 53. Sethe portrayer in "Beloved"
- 57. Shindig
- 59. Lion's locale
- 61. "... a man ___ mouse?"
- 62. Hamm of soccer fame
- 63. Four-footed friend



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TRIVIA
CHALLENGE

- 1. Mark Hamill was a voice actor for which popular early 90's superhero cartoon?
- 2. When Forrest Gump was in the army, what sport was he good at?
- 3. Who directed Raiders of the Lost Ark?
- 4. The 1999 film adaptation of "The Green Mile" starred whom as Paul Edgecomb?
- 5. Who directed the Lord of the Rings movies?

Answers 1. Batman, The Animated Series 2. Ping Pong 3. Steven Spielberg 4. Tom Hanks 5. Peter Jackson

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Strengths: Tenacious, highly imaginative, loyal, emotional, sympathetic, persuasive

Weaknesses: Moody, pessimistic, suspicious, manipulative, insecure

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Cancer Dislikes: Strangers, any criticism of Mom, revealing of personal life

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Crossword Answers



58

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