



GATEWAY GUARDIAN

Serving the communities of Artesia, Cerritos, Hawaiian Gardens, & La Palma



March 6, 2014

www.thegatewayguardian.com

Vol. 1 No. 11

Community Calendar - Page 3

Hawaiian Gardens Holds Student Government Day



Students from Fedde International Studies Academy participated in Student Government Day on Feb. 2 in Hawaiian Gardens, where they learned about city government. Following a tour of city facilities the students convened in the council chambers where a Mock City Council meeting was held. Student council members were Mayor Jorge Lamas, Mayor Pro Tem Valeria Acosta and Councilmembers Anita Khammann, Tenzin Armenta and Rul Galverz. Staff members were: City Manager, Julissa Cisneros; City Clerk, Jacqueline Hernandez; Director of Community Development, Jacob Zamarripa; Human Services Director, Valerie Soto; and Public Works Superintendent, Alinna Perez.

See Story **Hawaiian Gardens** Page 2

Cerritos Council Votes to Bid on Legal Notices

By Jerry Bernstein

The Cerritos City Council, in a unanimous decision, voted to go to bid for the publication of the city's legal notices as stipulated under the city charter.

Meeting in regular session Feb 27, the council noted that the city has not gone to bid since 2004 when the city began publishing in the *Los Cerritos Community News*.

In a report to the council, city clerk Vida Barone said the charter states the city shall publish a notice inviting bids for the publication of all legal notices in a newspaper of general circulation in the city.

In the event there is only one newspaper of general circulation, the council shall have the power to contract with the paper without being required to go to bid.

The charter also stipulates

under Section 417 the city may go out to bid for the publishing of legal notices or it can post the legal in three designated places in the City and not publish in a newspaper unless on a case-by-case basis, specifically directed by the City Council.

Councilmember George Ray asked why the city has not gone out to bid since 2004?

The city clerk responded that in 2004 the council voted to place its legal notices in the local newspaper. Ray asked if the newspaper was now under a different owner?" The city clerk answered yes.

Ray said the charter requires the newspaper to have a certified list of paid subscribers. He asked if the city had ever seen it. The city clerk said in order to be adjudicated the newspaper publisher must include a list in the document-

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Hawaiian Gardens City Council Regulates Massage Parlor Hours

By Jerry Bernstein

The Hawaiian Gardens City Council approved the second reading of an ordinance, curtailing the hours massage parlors can stay open in the city.

The council's action came over the objections of an operator who said the majority of her customers come in for treatment between the hours of 7 - 10 p.m., usually after they have come home from work and had dinner, she said. They now will have to close by 8 p.m.

The council over-rode the objections, noting city staff had done a survey of the 26 medical businesses in Hawaiian

Gardens. All close by 7 p.m.

Mayor Pro Tem Barry Bruce noted that the state legislature took away the power of cities in September 2008 that impacted their ability to accept or reject massage parlors in their cities. However, the cities still have the authority to regulate their hours of operation.

In his report, Community Development Director Joseph Columbo said although massage therapy is generally a recognized healing art and a benefit to patrons, massage therapy has traditionally been regulated on a local level to protect the health, safety and welfare of patrons and practitioners. That is no longer in

affect. They can only regulate the hours of operation.

The city has seven massage parlors operating within its boundaries, which the council believes is too many for a city that is only .9 sq. miles in size. The ordinance takes effect 30 days after the second reading of the ordinance.

In other business the council approved a resolution providing a policy and guidance to the city's Code Enforcement Division. Mayor Pro tem Barry Bruce said he took a two-hour drive along Hawaiian Gardens two main streets, Norwalk Boulevard and Carson.

See **Hawaiian Gardens** Page 9

Team Artesia Is Newest Volunteer Group

By Richard Guiss

This past Winter Olympics the U.S. had its ice hockey "dream team," and the City of Artesia has its "Team Artesia," which seeks 20 civic-minded residents to join this volunteer corps.

Team Artesia volunteers will assist in a variety of functions, from city events to crisis situations like earthquakes and

fires, which require volunteers to receive basic first-aid and CPR training to CERT Training (Community Emergency Response Team).

"This type of resident volunteer team is unique in this area," said Andrew Perry, public information officer. "Their purpose will be to help in special events, traffic control and provide support during emergencies prior to the arrival of

city, county and state emergency response teams.

Volunteers will attend community emergency response team training that provides eight hours of training that will run over three weekends.

"As part of the training, volunteers will learn how to manage their own personal

See **Team Artesia** Page 9

Services for Former Hawaiian Gardens Mayor Petra Prida to Be Held

Former Hawaiian Gardens Mayor and Councilmember Petra Prida passed away Feb 25. Services will be held March 15 at 11 a.m. at St. Peter Chanel Church on 214th St. in Hawaiian Gardens.

Petra, as she was known to her friends, was born Oct. 16, 1933 in Torreon, Coahuila, Mexico. She moved to Hawaiian Gardens in 1959, where she met and married former city councilmember Robert Prida. The couple had six children, 19 grandchildren and 18 great grandchildren.

She was first elected to the City Council in 1999 for a four-year term, and in 2003 was re-elected, unopposed for another four-year term. During her years on the council, she worked hard to bring the Hawaiian Gardens Casino to the city and for the construction of the Clarkdale Neighborhood Park. She supported the Head



Start Program and the senior nutrition program that serves a daily free lunch to the city's senior residents. She was also active working with the city's two Sister Cities in Mexico.

Petra was known for working diligently for the residents of Hawaiian Gardens, and her motto was, "Be of service always to the residents and a friend to the community, and never make a promise you can't keep.



Former HG Little League Player Now at CSULB
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Volunteers Needed for Artesia Cerritos Relay for Life

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Dim Sum - Small Bites That 'Touch the Heart'

See Page 7



Daylight Savings Time: Don't Forget to Set Your Clocks Ahead on March 9

GATEWAY GUARDIAN

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Dedicated to providing a local community newspaper that serves the needs of the community and promotes goodwill throughout the Gateway region.

Our mission is to celebrate diversity, encourage critical thinking, and promote success between merchants, residents and local governments.

This mission will be accomplished through the partnership of neighborhoods, businesses and professional organizations that are dedicated to integrity.

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ABC School Board Recognizes Carmenita, Tetzlaff Middle Schools

Members of the ABC Board of Education gave Certificates of Recognition to Carmenita and Tetzlaff Middle Schools at its Feb. 18 meeting, following the schools being named model Middle Schools to Watch by the California Middle Grades Alliance. Accepting the Certificates in behalf of the schools and its staff were Carmenita Principal Kester Song and Tetzlaff Principal Crechena Wise, along with members of their staffs.



ABCUSD/ABC Council PTA Host 18th Annual Parent Leadership Conference

March 22 8 a.m. - 1 p.m.
Cerritos Sheraton Hotel

More than 350 parents from ABC Unified Schools in the Cerritos, Artesia, Hawaiian Gardens and Lakewood area will be invited.

10 INVITATIONS PER SCHOOL WILL BE AVAILABLE.



ABCUSD Open Enrollment Schools of Choice March 1, 2014 - March 31, 2014

Parents may apply for Magnet Schools Programs through the online application at www.abcschoolsofchoice.com

and through the link on the ABC Unified School District homepage.

The online application process that began in 2013, has improved the School of Choice Open Enrollment process in ABCUSD by making it more convenient for parents and families to enroll. It is also more cost effective and time efficient for the school and District staff to implement each year.

The District staff has worked with Smart Choice Technologies to ensure that the School of Choice/Magnet School application is consistent with all current ABCUSD Board policies and timelines.

The Smart Choice Technologies application process will enable parents to apply online from home, the school site, or the District Office. Parents will also be able to check the status of their application(s) throughout the process, print a receipt of the time and date of their application and make multiple choices of schools for their child. Parents will be notified of the results of the lottery electronically and by mail.

The Smart Choice Technology website will be activated on March 1, 2014 at 12:01 a.m. (PST). It will remain open until 4:30 p.m. on March 31, 2014.

The results of the lottery will be posted online on May 1, 2014. Tim Catlin, Supervisor of Child Welfare and Attendance, is coordinating the effort for the District and may be contacted at (562) 926-5566, Ext. 21105.

Hawaiian Gardens Holds Student Government Day

By Jerry Bernstein

It was Student Government Day at the Hawaiian Gardens City Hall Feb. 25 with students from Fedde International Studies Academy participating in a Mock City Council meeting.

During the meeting, they reviewed and voted on an ordinance limiting overnight parking, and two resolutions plus a request from the YAL program for \$3,000 to pay for a field trip to Big Bear.

The ordinance would restrict overnight parking on city streets from 11 p.m. to 5 a.m. Under the ordinance, vehicles parked on the street between those hours will be towed by a city.

Discussion included the fact that many families with grown children had two or more cars. The question was where were they supposed to park if there wasn't room in their driveway for more than two cars?

One suggestion by a member of the audience was since the city owns many residential properties, maybe the city could demolish them and turn the land into a parking lot. The suggestion was not taken seriously with the council voting 3-2 in favor of the ordinance, with a recommendation only vehicles that had no registration or needed repairs be taken away. They all agreed something needed to be done.

The next item was a resolution approving Grant Funds from the Los Angeles County Regional Park and Open Space District for the Gabrielino Indian Trail Project at the Fedde Sports Complex. Discussion ranged from support for the project to other uses for the money. The vote was 3-2 in favor of the project.

The council also voted 3-2 approving a request to assist the Public Works Department with a Graffiti Removal Program by improving the immediate call center for all residents to use. The city is projecting an expenditure of \$5,000 and is seeking an additional \$10,000. Discussion included the cost to paint over the graffiti times the number of times the painting would be needed. It was noted the city has agreed to provide an 800 number to use in the removal of graffiti.

The last item on the agenda was the approval of a request from the YAL program for \$3,000 to pay for a field trip to Big Bear.

Discussion included the agenda once the group arrived at Big Bear and the participants commitment to do community service back in Hawaiian Gardens. The council voted 4 in favor and one abstention.

Following the council meeting the students adjourned to the Mary Rodriguez Senior Center for lunch. Guest speaker was Adilene Rios.

Attending the Mock Council meeting was Mayor Reynaldo Rodriguez, Mayor Pro Tem Barry Bruce, and Councilmembers Victor Farfan and Mike Gomez, City Clerk Sue Underwood and Director of Community Development Joe Colombo and staff members. That night at the regular scheduled city council meeting the students were presented with Certificates of Recognition for their participation in the Student Government Day program.

Calling all Royalty!

The annual
**Kings and
Princesses
Royal
Evening**



will be held on March 15 at Cerritos Park East. This unique event allows Kings (father, grandfathers and uncles) to treat their Princesses (daughters, granddaughters and nieces) to an evening filled with wholesome bonding and family entertainment. Cerritos Park East will be transformed into a royal palace where participants will enjoy a catered dinner, dancing, crafts and games. Registration is currently underway. Call 562-916-1254.

Former HG Little League Player Now Long Beach State Catcher

By Jerry Bernstein

He was 4 years old playing catch in his front yard with his dad. It was only a question of time before he began playing in the Hawaiian Gardens Little League.

As he grew older he knew he wanted to pursue a baseball career. His name is Albert Perez and he is now a catcher for the Long Beach State "Dirtbags."

Albert attended Melbourne Elementary School, Fedde Middle School and Gahr High School. While at Gahr, he earned the Rookie Hauzinger Best Teammate Award and a three-year varsity letter with a hitting average of .485 as a senior, helping the Gladiators to a 21-6 overall record.

During his junior year at Gahr, Albert was almost derailed from playing baseball. He sustained a torn meniscus knee cartilage that almost caused him to give up the game. He needed surgery to repair it, and he played very little while a senior. However, he worked hard on his recovery, refusing to give up.

He e-mailed Long Beach



Albert Perez

State Coach Buckley and shared his desire to play baseball there. Coach Buckley talked with Albert's high school coach and agreed to give him a tryout. He made the team.

Albert says he likes Long Beach, not only because it is a perennial power in college baseball, but because it has a good atmosphere and has diverse cultures.

Albert is majoring in Communications because he realized that communication is in everything we do in life.

What are his future plans upon graduation? He said he hopes to play in Major League

Baseball, which he said means his focus will be to train hard and develop additional skills.

While playing in Hawaiian Gardens Little League, he helped his team win three TOC championships, the first ever for the Hawaiian Gardens Little League. His advice to kids is "to have a good attitude, have fun and work hard on things that are within your control and to always believe in yourself."

He said his inspiration in life is his father, Gerado Perez, because he works hard for his family, and he also was his high school coach.

"I want to succeed because I want to give back to my family, my parents and my grandparents," he said. "I also want to give back to the Hawaiian Gardens community."

Albert's family has lived in Hawaiian Gardens for more than 30 years. The family includes his father, Albert Sr., his mother Patricia, 14-year-old brother Carlos, and 6-year-old sister Abbygail.

Albert Sr., works for the City of Hawaiian Gardens in the Public Works Department.

1st CEB Meritorious Marine of the Month



1st CEB Marine, Sgt. Martin Cole, received a proclamation from the City of Cerritos on March 1. Joining him are: (1 to r) Janet Beach, Councilwoman Carol Chen, Dorothy Owen (President of 1st CEB Adoption Committee), Lew Woodson, Kona (daughter age 4), Tina (wife), Mayor Bruce Barrows, Laurie Forward, Sharun Carlson (Rotary Club Hostess), Councilman George Ray, Marlene Rofe and Chris Tierheimer.



Artesia Library March 2014 Calendar of Events

Saturday, March 8

11 a.m. to 12 p.m.
Stress and Relaxation presented by Maria Cevallos from the County of Los Angeles Department of Mental Health.

Tuesday, March 11

11a.m. to 12 p.m.
Artesia Adult Book Club

Saturday, March 15

2 - 3 p.m. Book Bingo.
Play Bingo for the opportunity to win a book!

Saturday, March 22

4-5 p.m.
March Author Event. Sharon Edwards, author of *Pioneer Blvd.*, will discuss and read from her book. Copies of the book will be available for sale.

Saturday, March 29

2 - 3 p.m.
CrazyAbout Chemistry presented by Full Spectrum Educational Services.

Artesia Library Homework Center:

Children receive free homework assistance after school, Tuesdays, Wednesdays and Thursdays from 3 - 5 p.m.

Thanks to the Woman's Club of Artesia-Cerritos who help the children on Wednesdays, and to our other wonderful volunteers who help them on Tuesdays and Thursdays! Jonathan, Ben, Jim, Genaro, Annie, Li-Ming, and Karla!

COMMUNITY calendar



Hawaiian Gardens - Game Room Open for Children 6-12

Monday - Friday • 2 p.m. to 5 p.m. Crafts & Games
C. Robert Lee Activity Center Game Room
21815 Pioneer Blvd. Hawaiian Gardens, CA 90716
For more information please call (562) 420-2641 ext. 263
Info: Recreation Services Division, (562) 916-1254

ABC Adult School - Career Fair!

ABC Adult School will be hosting a Career Fair on Friday, March 7 • 9 a.m. - noon at the Cuesta Campus, 12254 Cuesta Drive, Cerritos, CA 90703. Our goal is to provide valuable information about a variety of career fields and encourage attendees to come dressed for success to meet with industry representatives. We are also suggesting that attendees bring their resumes. This is a wonderful opportunity to partner in a community event and bring awareness to various local businesses and organizations. To participate and reserve a table please contact Mary Pinedo at Mary.Pinedo@abcusd.us or (562) 926-6734, ext. 25177.

2014 Distinguished Student Awards & Miss Cerritos

March 13 • 5-7 p.m. CCPA Sierra Room
Cerritos Chamber of Commerce
Honoring Outstanding Student Business and Community Leaders & 2013 Miss Cerritos Recognition Networking Mixer

5th Annual 1st CEB Bowl-A-Thon

March 15 • 12:30 p.m. registration / 1 p.m. bowling
AMF Cerritos Lanes, 18811 Carmenita Road, Cerritos

Artesia Youth Baseball Opening Day

March 15 • 10 a.m. - 12 p.m. Artesia Park
Join us as we celebrate and introduce all the teams participating in the spring youth baseball league. Ceremonies are held on baseball Diamond 1 located off of Elaine Avenue.

City of Cerritos Youth Basketball Awards Night

March 17 • 6:30 p.m. Gahr High School Gymnasium

Cerritos Council Meeting/Mayoral Transition

March 19 • 7 p.m. Council Chambers
Cablecast on Cerritos TV3

Hawaiian Gardens To Celebrate 50th Birthday

April 4-6 • A Weekend Long Celebration
Ferguson Elementary School, 22215 S. Elaine Ave.

Friends of the Cerritos Library Book Sale

April 5 • 9 a.m. - 3 p.m. Skyline Room

Talent Show April 5 • 6 p.m. Cerritos Park East

Community Blanket & Sock Drive

"Let's Help Keep People Warm"



The City of Hawaiian Gardens is kicking off its first-ever Blanket & Sock Drive, "Let's Keep People Warm." The drive, which runs from now until March 28, will help our local homeless organizations during the cold season.

Make your donation by dropping off new blankets & socks at the C. Robert Lee Activity Center front desk.

ATTENTION BASKETBALL AND RACQUETBALL PLAYERS: A donation of two or more blankets or pairs of socks will earn you a free month of player fees for the month of April 2014.

There is No Need to Learn Many Teachings If We Can Put One Simple Verse into Practice



By Jerry Bernstein

The other morning as I was driving to the office, I saw an SUV being pushed by two people. I watched as two vehicles stopped, and without saying a word, four young men got out of their cars, walked over and helped push the stalled SUV to the curb. The driver thanked them for stopping and helping push his vehicle.

I couldn't help thinking as I continued on my way, "There are good people in the world who still go out of their way to help someone in distress." We are not all callous, but sometimes many of us forget the human race was created in the image of God and while we are not God, we need to remember who we are.

When I mentioned the incident to my friend from Fruitcake, Florida, he commented that as a species, the Human Race is not perfect. "It's strange," he said. "Many people go to church or temple every week, but when they leave, some change. He called it a Doctor Jekyll and Mr. Hyde syndrome.

I looked at my Friend from Fruitcake, Florida. Before I could say anything, he continued, "And many of these people are so insecure they lash out at anyone who they think is slighting them. They may do something good, like a newspaper uncovering corruption in public office and in return receive public pundits, but it goes to their head and they feel they are 'God' and lash out at anyone who may or may not have slighted them."

"You're right about that," I replied. Those types of individuals destroy their own credibility, not only with their friends, but with themselves as well."

We sat there in silence for a few minutes. Then my Friend from Fruitcake, Florida said, "Well, nobody is perfect." He then asked, "How would you define the word plagiarism?"

"That's simple, I answered, "When you print a story under your name, which says you wrote it, when someone else actually did and you didn't give the real author credit. Why?" I asked.

"Just curious," he replied. "If the perpetrator apologies does that resolve the problem?"

"Not really, I said. "There will always be a lingering doubt in the reader's mind who really initiated the story. I had a Journalism professor at

FSU who introduced the class to the Canons of Journalism, which I have followed during my professional career. Plagiarism hurts the overall credibility of journalism and, to me, reinforces the importance of teaching journalism ethics in a college classroom. I don't know if that is part of the curriculum anymore."

My Friend from Fruitcake, Florida didn't say anything. "Good point," he finally commented. Just as quickly, he changed the subject. "Tell me about the Relay for Life program scheduled at Gahr High School on May 31 and June 1," he said. I understand it includes an overnight encampment.

"It's an annual program held in the school's football stadium every year by the Cerritos/Artesia Cancer Committee to honor cancer survivors and raised funds to help fight cancer. Tents are put up by different organizations, including the cities of Artesia and Cerritos, businesses and individuals."

I explained there's an opening Ceremony at 9 a.m. Saturday followed by a Survivors Lap. At 9 p.m. a Lumina Ceremony will be held in memory of those who the disease had claimed.

"There are good people in the world," he said as he walked out the door.

A Note from the Publisher

My Academic Journey Began at Cerritos College



By Melinda Kimsey

Greeting friends and neighbors! I hope all is well with you and your loved ones. Recently, someone asked me about my academic journey. As many of you know, I am working on my doctorate and getting close to finishing my dissertation study.

My academic journey began at Cerritos College. Back when I was a student, Cerritos College had great programs, great classes and, most importantly, it had great professors.

Because of the mentoring See **Academic Journey** Page 9

and support that I received, I developed the courage to continue my academic journey. When I reflect on this time, I now realize that Cerritos College would always be the foundation of my academic journey.

Cerritos College has grown tremendously since I graduated. The campus is bigger, has more students and has a wider variety of learning opportunities. Also, there are many community and business partnerships that have been created to meet the needs of the students.

Whether your goal is to earn a degree, train for a new career, need technical skills or are interested in enrichment classes, Cerritos College will not only meet your needs, but will surpass your expectations as you meet your academic

Letter to the Editor

I recently attended the Feb. 19 Cerritos College Board of Trustee meeting and made a proposal to redraw district lines.

Three years ago, the previous Cerritos College Board of Trustees began to look at the possibility of changing the Board of Trustee election system from At Large to By Trustee area.

With the change of demographics, it was asked if the California Voting Rights Act necessitated a review of the At Large voting system. As we know, a process was set in motion, and the previous Cerritos College Board of Trustees voted to change to Trustee area elections.

As a result, we now have a new Board of Trustees at Cerritos College.

At the time of the change to Trustee Area voting, several maps were proposed, drawing

boundary lines for the new seven districts. While not perfect, one of the maps was adopted by the Board.

Recently, it has been suggested that the new Board review the lines to bring them more in conformity with the communities they represent. For example, rather than a small slice of Cerritos be put into Bellflower and another small slice of Cerritos be put into La Mirada, and another slice of Cerritos be put into Norwalk, perhaps Cerritos should be one District.

I believe that Bellflower and South Gate are also sliced up.

So I am proposing that the Board agenda an item titled something like A REVIEW TO CHANGE TRUSTEE DISTRICT LINES.

Charlie Ara
www.fatherara.com



GATEWAY GUARDIAN

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Letters TO THE Editor



The Gateway Guardian encourages submission of Letters to the Editor.

- Letters must be no more than 200 words, typed and double spaced or sent electronically.
- Letters must be signed by the author and must include the author's address and phone number.
- Opinions expressed in letters do not necessarily reflect the opinions of the Gateway Guardian staff.
- The editors reserve the right to refuse or edit editorial content, without notice, for length, grammar, clarity or libelous statements.

The Honor of Serving as Mayor of Cerritos



By Mayor
Bruce W. Barrows

Serving a fourth term as Mayor of the City of Cerritos has been a privilege and a great honor. I am grateful to have had this exceptional opportunity, thanks to the support of the community and my City Council colleagues.

Together we have met serious challenges and achieved progress for our outstanding City during the past year. I would also like to commend City staff for their dedicated service to making Cerritos an attractive, safe and welcoming community with an unmatched level of services.

In September we celebrated the dedication of the new Cerritos Library Teen Studio, which was developed with suggestions from local teens and has been a tremendous success. Teens now have ac-

cess to Apple computers, a 40-inch computer surface table and interactive wall-mounted smart displays. The Teen Studio offers highly popular programs and classes which focus on Advanced Placement and SAT test preparation.

I was especially proud of our community when Cerritos residents, business owners and service organizations supported the City-sponsored Benefit Concert for the Philippines.

The concert was held at the Cerritos Center for the Performing Arts (CCPA) and raised \$51,583 for the American Red Cross' Typhoon Haiyan relief efforts. The CCPA has enjoyed a strong season, including sold-out performances by Boz Scaggs, Paul Anka and Chris Botti.

It was a pleasure to join Cerritos seniors at 20th Anniversary celebration of the Cerritos Senior Center at Pat Nixon Park in January. During the past 20 years, the Cerritos Senior Center has become a

vital part of our City. To serve the City's many fit and active seniors, the Senior Center was expanded with a 5,000-square foot, state-of-the-art fitness center in 2006.

Since the fitness center's opening, it has been used for more than 300,000 workout visits by seniors. The Senior Center is the heart of our senior community.

As anyone who visits the Senior Center knows, the success of this facility is also due to the tremendous contributions made by volunteers.

During the past 20 years, Senior Center volunteers have shared an amazing 192,000 hours of their time (totaling more than 92 years of service). The City appreciates the volunteers' generosity and everything they have done for the Senior Center.

The past year has also brought exciting business developments to Cerritos. New

See **Mayor of Cerritos** Page 8

Rotary Club's Speech Winners



Cerritos-Artesia Rotary Club President Maha Rayan (left) congratulates Rotary Club's speech winners Whitney High School junior Michelle Whang (first place) and Jonathan Mak (alternate) at its Feb. meeting at the Hometown Buffet. Whang will be competing at the District level in March. The subject was the Rotary Club's 4-Way Test that focuses on "Truth, Fairness, Good Will, and Better Friendships That Will Be Beneficial For All." Each speaker was given up to five minutes and was evaluated on Content, Delivery and Language.

Cerritos/Artesia Relay for Life Seeks Volunteers

The American Cancer Society is looking for volunteers for the annual Relay for Life of Cerritos/Artesia event May 31 and June 1 to be held at the Gahr High School Football Stadium.

The Relay for Life honors cancer survivors, raises money to help end cancer and inform individuals how they can reduce their cancer risk. Cerritos and Artesia residents who would like to serve as a Relay for Life of Cerritos/Artesia committee member are encouraged to contact Bridget Valadez at (323) 452-3898 or bridget.valadez@cancer.org.

Committee meetings will be held from 6 to 7 p.m. and Team Captain meetings from 7 to 8 p.m. at Heritage Park on Mondays, Feb. 10, March 17, April 14, May 12 and Wednesday, May 28.

Opening Day on May 31 will include an Opening Ceremony at 9 a.m. followed by a Survivor's Lap at 9:30 a.m. Later that night a Luminaria Ceremony will be held at 9 p.m.

For more information visit the website relayforlife.org/Cerritos/ca or call American Cancer Society at (323) 452-3898.

Around and About

Heading North to Brentwood, CA



By
Dr. Bob
Hughlett

For several reasons, Marianne and I – usually together and sometimes separately – find ourselves driving north to visit Amy's family in Brentwood. The northern Cal Brentwood (not to be confused with the erstwhile home of OJ) is a straight as an arrow drive up Interstate 5 through the middle of our golden state.

We generally look forward to these jaunts with anticipation borne from seeing the grandkids and their folks once again rather than the drive itself. But such an attitude sells our voyage short – the boring majesty of the freeway is quite a series of sights.

Getting Through LA

The most difficult segment of the northbound journey is usually wending our way to, through and from Los Angeles heading north. Irrational Caltrans construction projects, the 24/7 nature of the southern California rush hour and increasingly fast drivers in increasingly smaller cars add up to challenges galore for the first 50 miles of the trip.

Am I the only one to assume that the flow of traffic is whimsical at best and diabolical at worst? Recall the days when rush hour used to begin at 3 p.m. and end by 7:30?

If so, you probably also remember quarter Big Macs and gallons of Mobil gas (with

green stamps!) Those days are way long gone.

But once you find yourself at Magic Mountain, you start to climb the majestic Tehachapi's en route to the well hidden highway patrol speed traps at Gorman and beyond. We have learned that the unfettered joy of a downhill run from the Tejon pass summit invites a visit from a vehicle with a red light flashing.

After you navigate this challenge, you come to the 99/5 split at grapevine. There is nothing to compare to the chirpy comment from Susie – our trusty gps – that "the next turn will be in 226 miles so I will take a nap for the next four hours."

Ahhhh, the Aromas...

During that time, the sights are vast yet limited, the signs are pithy and the aromas are particularly noteworthy – particularly at the two feed pens where, rumor has it, your next Big Mac is watching you speed by.

You learn that the horrible water restrictions are the result of those baddies in congress (I thought the drought was behind it); In-n'-Outs are proliferating along the route to the tune of the one at Kettleman city now being joined by a grapevine version and one where the leaning tower of Santa Nella resides.

If you choose to listen in on local radio stations you soon get your fill of talk radio and religious ramblings. Sirius radio is a good option, I suppose, but I prefer listening to my good old iPod connected to my internal entertain-

ment system via a funky old cassette with a wire to the iPod earphone jack.

If you aren't sure what a cassette is, take a trip to either Wikipedia or Grandpa Ned for an explanation. Speaking of grandpa Ned, he will probably tell you stories of the earliest days of Interstate 5 – complete with dire warnings to the effect that there is no gas available on the route for another 117 miles, to the need to pack a lunch large enough to fill a steamer trunk.

No One Goes the Speed Limit

Then there is the "posted speed limit of 70 mph." Caltrans in its great wisdom still has signs asking slower traffic to keep right sprinkled along because no one drives under 70. It appears that the magic number is around 78 or 79 to escape the steely eye of the CHP but there is no guarantee.

What you can take to the bank is that if you are driving 70 in the fast, i.e. left, lane, you will be mowed down by cars, trucks, motorcycles and Priuses that zoom by at 80 or 90 mph.

The end is near, however, when the 5 and 580 split, and Brentwood appears to the north. After another half hour of rolling hills, farmland, golf courses and a very intriguing motor cycle gang bar, we park in our Brentwood driveway ready for another week of adventure... after we have a day to recuperate from our trek.

Let me know what you think of this column and suggest other topics by contacting me at b.hughlett@verizon.net.

Tennis Club Presents Certificate of Appreciation to City Council



The Cerritos Tennis Club presented a Certificate of Appreciation to the Cerritos City Council at its Feb. 13 meeting for resurfacing the tennis court at Cerritos High School. The council awarded a contract in the amount of \$25,480 to Taylor Tennis Courts, Inc. for the resurfacing of eight tennis courts at the school during winter break from Dec. 21 through Jan. 6. The tennis courts are used by student and local tennis clubs. From left are: Councilmember Carol Chen, Tennis Club Members Arun Jain, Alan Quach, Qun Yu, Mayor Pro Tem Mark Pulido, Allen Lin, Ram Kannan, Councilmember Joseph Cho, Mayor Bruce Barrows, and Councilmember George Ray.



Happy St. Patrick's Day

From the Gateway Guardian



Artesia Public Safety Expo



Greeting attendees at the Artesia Public Safety Expo and Youth Safety Day Feb. 22 were (l-r) Artesia Councilmember Ali Taj, Mayor Tony Lima and Councilmember Miguel Canales.



One of many displays at the Artesia Public Safety Expo and Youth Safety Day at Artesia Park Feb. 22 where children had the opportunity to meet and greet local deputy sheriffs who taught them about public safety and how to ride in a fire engine and a helicopter. Everyone had a chance to win prizes and visit a Pet Corner where dogs were waiting to be adopted. Hundreds of Artesia residents and neighbors from surrounding communities were entertained by spectacular bicycle tricks and nourished with hot dogs, chips and sodas sold by the Artesia baseball and softball teams.



Enjoying a ride on a real fire engine for the first time was 3-year-old Micah Calderon with his mother Rebecca Calderon at the Artesia Public Safety Expo and Youth Safety Day at Artesia Park. He was definitely dressed for the part and was eager to climb aboard the truck.

Frisbey and Friends Enjoy Museum Tea; Share Fond Memories of Growing Up in Artesia

By Delores Eveland

Linda Frisbey was winner of the Museum Tea at the 2013 annual fundraiser for the Artesia Historical Society. The tea was offered as an auction item at the event and allowed the winning bidder to host a party of eight for a traditional afternoon tea in the Artesia Historical Museum/Frampton Dantema House.

The tea started with Linda and her guests arriving at the house together that featured an extraordinary experience looking back at their lives in Artesia via the collection of memorabilia on display in both the Frampton House and Fire Station 30 museums.

Linda (Kennedy) Frisbey moved to Artesia in 1951. Her father "Doc" Kennedy was an animal veterinarian and chose this area to raise his family because of the many dairy farms.

Linda's parents enrolled

her in Luther Burbank School (now Burbank Elementary) where she had the privilege last year as the Cerritos Regional Chamber of Commerce President to be "Principal for a Day."

Linda made friends with Gloria (Herrema) Myers and Lori (Knevelbaard) Cungo in the second grade. They later transferred to Faye Ross School (now Ross Academy) then to Artesia High School.

Their class started the newly built Richard Gahr High School. Their friendship survived the difficulty of going to different schools, and they graduated with the Classes of 1967.

Gloria's father was John Herrema, who was a partner in the popular John and Gordon's Clothing Store, once located on Pioneer Blvd where Gloria worked as a teenager.

John and Gordon were brothers and members of the large extended Dutch Her-

rema family. Lori's grandparents came from Holland in the 1920's, and they had their dairy in Artesia. Lori's family lived on Gridley Road, and her dad Willie drove a truck for Triangle Gain.

The girls have fond memories of the Artesia Parade where Lori's dad's truck always won first prize and Linda and her sisters rode on the Rainbow Girl's float. And, of course, fun at the Dairyland fair afterwards.

The evening began at the Artesia Historical Museum/Frampton Dantema House where the trio enjoyed appetizers and beverages. While touring the house, they encountered many artifacts that helped them recall their childhoods in Artesia.

Dinner was exquisitely served in the formal dining room of the museum and was made extra special when Barbara and Diane prepared a main dish using a recipe submitted by Linda's mom for the main course and Gloria's mom for dessert from the Artesia Historical Society Cookbook.

Following a leisurely dinner, which provided the three friends an opportunity to catch up on current events in their lives, they walked to the nearby Old Fire Station #30 where they were served dessert in the station's kitchen.

The fire station museum also displayed many artifacts that prompted more childhood and teenage memories. Of particular interest was the menu

See Fond Memories Page 8



Museum Tea Winner. JPG - Linda Frisbey (ctr) was the winner of the Artesia Historical Society's Museum Tea fundraiser. With her are (l-r) Lori Cango and Gloria Myers. The tea was offered as an auction item at the event and permitted the winning holder to host a party of eight for a traditional afternoon tea in the Artesia Historical Museum Frampton Danterna House.

AAUW Raises \$1,000 at Annual Funds Luncheon



Attending the AAUW Funds Brunch at the La Palma home of Carol and Bob Marsh are (l to r) Thea Siegel, guest speaker Aisha Najera Chesler and Dorothy Edwards. The women raised more than \$1,000 for fellowships for graduate women who are continuing their studies in higher education.

By Edna Ethington

Thirty-five members and guests of the La Palma-Cerritos American Association of University Women (AAUW) gathered at the La Palma home of Carol and Robert Marsh on Feb. 22 for a Gourmet Brunch to support AAUW Funds for Fellowships.

The Funds Brunch raised more than \$1,000, thanks to the work of the AAUW's Funds Vice-Presidents Dorothy Edwards and Thea Siegel. Dorothy Siegel co-chaired the event and even provided delicious dishes for the brunch with the help of some of the AAUW's gourmet chefs, Marilyn Forsstrom, Carol Marsh and Gail Ross.

Everyone enjoyed the quiches, chili rellenos, lox, bagels, coleslaw, fruit salad, mimosas, and a variety of tempting desserts that were provided.

Dorothy Edwards introduced the guest speaker, Aisha Najera Chesler, who is an AAUW American Fellowship recipient. Chesler is working for her Ph.D. in applied Mathematics at Claremont Graduate University and will receive her Ph.D. in December of this year.

She is developing a math-

ematical model that can identify fetal distress more precisely. She said that her goal is to prevent unnecessary Caesarean sections. AAUW members thanked Aisha for coming and sharing information about her very timely research and wished her continued success in her studies.

Members of the La Palma-Cerritos AAUW were pleased to meet someone who actually received a graduate fellowship from the AAUW. The funds raised from this Funds Brunch will be awarded to women graduates who will be recipients of fellowships in the future.

The La Palma-Cerritos AAUW members are preparing a display at Cerritos College for Women's History Month in March which will be available to the public after March 3, 2014.

The next General Meeting of the La Palma-Cerritos AAUW will be held on March 20 from 6:30 to 8:30 p.m., in the Skyline Room of the Cerritos Library, 18025 Bloomfield Avenue, Cerritos.

For more information about the program for the evening, contact Program Vice-Presidents Barbara Dunstan at 562-404-4760 or Christine Taxier at 714-828-7711.

Retired Leal Teachers Hold Their Annual Luncheon



Retired Leal teachers met at Carrows Restaurant in Cerritos recently for their annual luncheon. They are: (back row, from left) Gylene Ornellas, Alice Tsou, Barbara Simon, Julie Causey and Diane Friedman. (Front row) Jan Roebuck, Jennese Irons, Susan Bloomstine, Sylvia Swift, and Alice Jemspa. Not shown is Jeri Pavek. The former teachers are involved with volunteering, taking classes, reading novels, babysitting grandchildren, traveling, substituting, exercising, walking, dancing, taking pictures or just relaxing. Alice Tsou organized the luncheon, and Susan Bloomstine and Sylvia Swift provided table decorations and Valentine favors.

Dim Sum - Small Bites of Food That 'Touch the Heart'

By William Lee & Selene Lee

While watching the first episode of "Amazing Race" this season, the contestants' first stop happened to be Guangzhou (formerly Canton), China.

We have been to the city many years ago a few times but now it has become ultra modern, with the new Canton Tower, the tallest structure in China and the fourth tallest freestanding building in the world.

That ties in with Dim Sum, a style of Cantonese food prepared as small bite-sized or individual portions, traditionally served with tea.

Dim Sum literally means "touch the heart," having small bites usually linked with the older tradition with Yum Cha (tea tasting). Teahouses were established along the roadsides for weary travelers needing a place to rest on the ancient silk road.

This unique culinary art of Dim Sum originated with the Cantonese in Southern China, among them Hong Kong and most cities and towns in Guangdong Province.

While Dim Sum was originally not a main meal, but a snack, it is now a staple of Cantonese dining experience and many restaurants start serving them as early as 5 a.m. until mid-afternoon. However, in modern society, it is common for restaurants to serve Dim Sum at dinner time or even as take-outs.

There are hundreds of Dim Sum items on the list. It consists of various types of steamed buns, dumplings and rice noodle rolls filled with different types of meats. In addition, most restaurants offer plates of steamed green vegetables, roasted meats, congee porridge, as well as desserts where the customary egg tart being the most popular. Below are a few of the main ones:

Gao or Dumpling – In-



Canton Tower

gredients are wrapped in a translucent rice flour or wheat starch skin. Common among them are Har Gow, potstickers, and Shao Mai.

Buns or Baos – Baked or steamed, these fluffy buns made from wheat flour are filled with meat and vegetables to sweet bean pastes. Char Siu Bao (barbecued pork filling) is the most popular, either steamed to fluffy white or baked with a light sugar glaze for a smooth golden-brown crust.

Phoenix Claws – These are chicken feet, deep fried, boiled, marinated in a black bean sauce and then steamed.

Steamed Meatballs – Finely ground beef is shaped into balls and then steamed.

Spare Ribs – It is cut up into bite-size pieces and steamed with black bean sauce.

Congee – Thick, sticky rice porridge served with different savoy items, among them, the "Duck Egg and Pork Porridge."

Rolls – Egg rolls, which are deep fried, and the rice noodle rolls, which are steamed and then rolled and can be filled with different types of meats (BBQ pork, beef or shrimp), often topped with a sweetened soy sauce.

Cakes – Turnip cake, Taro cake.

Sweets or Dessert Dim Sum – Egg Tarts, Thousand-layer-cake, Mango pudding. It is important to know that drinking of tea and dim sum goes hand in hand.

The first thing the server will ask is what kind of tea you would like. Several common types of tea are Chrysanthemum, Oolong, Green and Bo-Lei.

One unique aspect you find at a restaurant serving Dim Sum is the items are pushed around in stainless steel steam-heated carts with wheels by servers as they come to your table and ask if you would like to select the dishes. That way, your dishes will be kept warm or hot at all times. Pricing of dishes are classified as "small," "medium," "large" or "special."

To our knowledge, there are only three Chinese restaurants in our local area that serve Dim Sum with these carts that go around the restaurant and let you select what you like although there are some that serve limited Dim Sum items that you have to order from the menu and then the server will bring to you.

These three restaurants are Ten Ten Seafood Restaurant, Great Seafood Harbor and Royal Garden Restaurant.

Local Dim Sum Restaurants

TEN TEN Seafood Restaurant opened 10 years ago, and the atmosphere is your typical Chinese restaurant. It is located in the 99 Ranch Market Shopping Mall among other smaller restaurants.

When you first walk in, you can't miss those tanks with water running and live fish, crabs, shrimps and lobsters. To the right is their take-out department for cash only.

This department also sells Dim Sum up to 11 a.m. The main restaurant serves Dim Sum on the carts from early

morning on. We usually order the Har Gow, Char Siu Bao, Spare ribs, Phoenix claws and egg tarts. They are pretty good but they have trouble keeping those rice noodle rolls hot in the steam-heated carts.

At times the carts do not seem to come by very often, and we have to signal a waiter and ask for certain items. Prices range from \$2.40 to \$5.25 per dish, but they will give you 20 percent off the total bill on the Dim Sum most days of the week. Parking on weekends is hard to find, and there is a wait for tables, too.

Ten Ten Seafood Restaurant is located at 17901 Pioneer Blvd., Artesia, CA 90701. (562) 860-9888



A variety of Dim Sum dishes make a tasty meal.

Great Seafood Harbor The manager told us the restaurant has been there for 30 years. Well, it does feel like it. The place is a bit outdated, although they too have many fish tanks. They have fewer carts going around, but the price is a bit more reasonable.

Prices range from \$2 to \$6, but they offer no discounts. Their Dim Sum are a bit larger in size and less delicate, but since they have been there for a long time, they have built up a lot of loyal customers.

Great Seafood Harbor is located at 18329 South Pioneer Blvd., Artesia, CA 90701. (562) 860-7794

Royal Garden Restau-

rant used to be called "Prince" Restaurant.

The present ownership took over almost three years ago. It has an impressive entrance and the main dining room has high ceiling with beautiful crystal chandeliers high above that gives you the grand feeling of dining in an elegant ballroom. On the side they have small private dining rooms and upstairs, the banquet room can accommodate more than 150 people for all occasions.

During morning and lunch hours, Dim Sum carts run busily in the main dining room with more varieties than the other two restaurants. They are more refined and delicate

as well as delicious, but of course, the price is higher also. In addition, servers carry special items on tray freshly prepared and come to your table to see if you want to try them. On our most recent visit, we selected five items.

The Har Gow (4-pc), one steamed rice noodle (filled with beef) that was cut into 6 pieces, one pork porridge (congee), one pork spare ribs (with black bean sauce) and one tripe (with ginger).

The servers are very attentive and the dishes are delicious and worth the extra price.

Royal Garden Restaurant, 11828 South St., Cerritos, CA 90703. (562) 809-1812

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Optimist Club Oratorical Contest



Chair of the event, Bob Green (left), and Optimist President Phil Hickok (right) congratulate winners of the Optimist Oratorical Contest on Feb. 27: Lauren Waites (Ross Middle School), second place; Michelle Whang (Whitney High School), 3rd place; and Camille Cooley (Cerritos High School), first place. Each of the nine girls competing had five minutes to speak on the topic "How My Passions Impact the World." The boys will compete on March 6 at 6 p.m. in the Cerritos Library Skyline Room.

Cerritos College Students Win PROGFest 2014

A group of Cerritos College's computer and information science students won in the PROGFest 2014 on Feb. 20. PROGFest is an annual computer programming challenge hosted by California State University, Los Angeles, geared toward high school and community college students.

Top computer science students from around the state gather at the Cal State Los Angeles campus once a year for a grueling five-hour programming competition.

This year, Cerritos Collage won first place, and the team of Anthony Guardado and Eric Kannampuzha took top honors. In addition to the contributions of the two winners, the Cerritos College team's overall score was pushed to first place by Josemari Feliciano, David Huang, Tera Lim, Matt Perreault and Alexander Vega.

The eighth student, Japneet Kaur also helped in all the preparations, but had to withdraw. A total of 12 community colleges competed.

The students demonstrated their skills in solving sophisticated programming problems using Java, C, C++, C#, J#, VB and VB.NET.

Teams were awarded for correct solutions, but penalized for incorrect submissions. A total of 42 rejections were scored, weighing heavily against some of the teams.

In the competition, students tackled problems that could lead to commerce-halting outages, loss of communications with spacecraft and other headline-making stories,

"Our students got a taste of the harsh real-world conditions that await them outside the halls of academia. Congratulations to them all," said Professor Mellas.

Fond Memories of Growing Up in Artesia

From Page 6

and pictures from Hank's Coffee Shop, where the girls, in their youth, often enjoyed cherry cokes and curly fries. Hank's Coffee Shop was located in the same complex as John and Gordon's Clothing Store. Gloria (Herrema) Myers recalling her many years of enjoying her Uncle Hank Herrema's Coffee Shop.

In addition to the many items the three were able to relate to personally, they also enjoyed the entire collection of artifacts, pictures and other items on display in both museums. They all agreed the reunion "tea" dinner was very special and a great success.

Today Linda still lives in this area with her husband, Chuck Frisbey, a local CPA. They have had their account-

Browning Automotive Group Receives Proclamation



The Browning Automotive Group/Cerritos Acura was presented a proclamation by the Cerritos City Council at its Feb. 27 meeting as part of the City's Business Spotlight Program. From left are Councilmember Carol Chen, Cerritos Acura Parts Manager Susan Randall, Mayor Pro Tem Mark Pulido, Acura Service Director Mark Lestico, Councilmember Joseph Cho, Ph.D., and Mayor Bruce Barrows. The Browning Automotive Group was one of the first Acura dealerships in the United States with the opening of Cerritos Acura in 1986. Today the Cerritos Auto Square is home to Browning Mazda, Cerritos Acura and Cerritos Dodge.

Cerritos City Wide Pride



The City Wide Pride program recognizes Cerritos residents who maintain their properties extremely well. There will be 70 awards presented this year for superior maintenance, exceptional design or other characteristics that exemplify excellence in property appearance.

The Property Preservation Commission, responsible for implementing the program, appreciates your help in finding these exemplary properties in our community.

Please use the form online and submit your nominations via e-mail to the City's Community Safety Division by 5 p.m. Tuesday, April 1, 2014.

Residents of Cerritos may also complete the form they received in "The Cerritos News."

The City Wide Pride Beautification Program was created in 1990 by the Cerritos City Council with the goal of preserving and enhancing the beautiful, park-like appearance of the residential neighborhoods in Cerritos.

The program is coordinated by the Property Preservation Commission to honor hardworking property owners for outstanding maintenance of their homes.

Above all, the program is meant to serve as a catalyst, encouraging all Cerritos residents to take pride in their homes.

To involve and honor as many property owners as possible, the Commission adopted a policy that homes receiving a Grand Prize Award will be ineligible for a subsequent award for one year.

With this policy, more than 1,800 deserving honorees have been recognized from 1990 to the present.

For more information, call (562) 916-1203.

Serving as Mayor of Cerritos

From Page 5

businesses and restaurants are opening at the remodeled Fountain Plaza on South Street, which has a stylish new architectural design.

A project to remodel the Cerritos Plaza shopping center at South Street and Carmenita Road was recently approved and will include the addition of an Orchard Supply Hardware store. The City Council also approved a development proposal from the Picerne Group for a 198-unit luxury apartment complex to be located at Bloomfield Avenue and Artesia Boulevard. In addition, a project by The Olson Company to develop Plaza Walk, a 25-unit residential townhouse condominium complex on Pioneer Boulevard, was recently approved.

One of the greatest chal-

lenges Cerritos is facing is the loss of millions of dollars in property tax increment as a result of the dissolution of redevelopment agencies by the State of California.

The City is working diligently on developing new revenue sources to offset the loss of property tax increment, so that we can continue to provide the high level of municipal services that Cerritos residents expect and deserve.

It has been a special honor for me to serve as your Mayor this past year. I will continue to work hard for the residents of Cerritos as I finish my fourth term on the Council.

I'd like to again thank Cerritos residents for their support, and I look forward to continuing to serving our City in the year ahead.



LET'S HANG ON!

America's #1 Frankie Valli Tribute Show

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SATURDAY, MARCH 29, 2014
6:00 PM Pre-Show Reception / 8:00 PM Concert

With a 7 piece band, two female vocalists, and choreography, the award-winning cast of Let's Hang On! brings to life the timeless repertoire of the legendary Frankie Valli & the Four Seasons with classic songs such as Big Girls Don't Cry, Walk Like a Man, and Can't Take My Eyes Off of You.

All proceeds to benefit arts education programs for K-12 students

F&E Orchestra Section & 100 level boxes	\$125
(\$125 tickets include pre-show reception & seating)	
Orchestra - back & Grand Tier	\$ 85
Gold Circle & 200 level boxes	\$ 75
Upper Tier & 300 level boxes	\$ 60
Upper Circle	\$ 45

Tickets available through the
Cerritos Center for the Performing Arts Box Office
562-916-8500 • 800-300-4345 • www.cerritoscenter.com

Cerritos Votes to Go to Bid on Legals From Page 1

tation filed with the Superior Court.

City Attorney Mark Steers said the newspaper was adjudicated in 2002. If there has been a change since then, it would have to be challenged in Superior Court.

He also said if there is only one newspaper, the council has the power to contract with it for publishing the legals. If there is more than one, then the council needs to go to bid on an annual basis or it can go to bid with other newspapers that are in general circulation in the area.

Councilmember Carol Chen asked how the city

knows if the legals printed in the newspaper are reaching those it should be reaching? City Manager Art Galucci answered, "We really don't know, but we also post it in three areas in the city and assume the legals are being read."

Mayor Bruce Barrows said he would assume there was a way to check on whether a newspaper actually has the circulation it claims in Cerritos.

The city manager said they do use other newspapers (dailies) when their is a deadline to meet. "We use several newspapers," he added.

Councilman Ray asked

if there were any newspapers that were adjudicated that the city could publicize its legals?

The city attorney replied there were other adjudicated newspapers that have general circulation in the area that could receive the city bids, such as the Long Beach Press Telegram.

Council-member Ray also asked if there was a way to increase the type used to print the legals."It is so small it is difficult to read," he commented.

The city clerk said the city should be able to go to bid within the next two months.

Hawaiian Gardens City Council From Page 1

"I saw 44 code violations," he said. "We need to prioritize the violations," emphasizing that new businesses are not going to locate in the city if code violations are not enforced.

He gave an example of an empty lot between two run-down buildings. They're not going to relocate there."

Colombo said the city only has two code enforcement officers. In residential areas, there are garage violations, such as conversions whereby families live in them; others are converted to recreation uses, etc. He agreed that land use and building upkeep were the two biggest problems, both for residential and businesses.

Council-member Victor Farfan suggested the council should activate its ad hoc committee, noting there were

two council-members on it. It could review some of the properties that have problems and provide some enforcement consistency.

Mayor Pro Tem Bruce said it was his desire to see improvement in the neighborhood and businesses. He said, "We want to see a general better looking city, both in our business areas and residential areas, but we don't want to cause major financial distress. I think we have to investigate all violations and prioritize them."

He also said he believes the public needs to know code enforcement is going to prioritize all violations.

The council also received its financial report for the fiscal year ending June 30, 2013. Making the presentation was Robert Callian, CPA of White

Nelson Diehl Evans LLP. He said the city did not have any issues arise during the audit. He said there were a few loans that involved the Redevelopment Agency and had to do with the long-term collection of the loans.

Referring to the financial report, he said the biggest change was a wording change required by the government; otherwise the financial report is okay.

Council-member Mariana Rios asked about \$2 million owed. The city's interim Finance Director/Treasurer Sandra Sato said that was money owed the city by the Redevelopment/Successor Agency including interest.

She said, she wasn't sure when the money would be repaid. It could take up to 20 years.

Team Artesia Is Newest Volunteer Group From Page 1

situations, and when their area is secure, they will report to the Artesia Community Center along with other volunteers."

CERT members are effective first-responders. They can be assigned to specific areas to extinguish small fires, turn off natural gas inlets to damaged homes, perform light search and rescue and render basic medical treatment.

"Volunteers will also receive first-aid and CPR training," said Melissa Gobas, parks and recreation superintendent. "Training sessions

will begin this spring and are open to all residents. There is no cost to attend the classes."

Perry said they expect there will be a crossover of members of Team Artesia with volunteers from existing groups, such as A.J. Padelford Park Parent Group and local service organizations.

Perry and Gobas said they are in the recruitment stage and are actively seeking residents, who are 18 years and older, to apply for Team Artesia. Residents who are interested in applying can visit the

city's Facebook page and the city's web site. The first step is for volunteers to receive First-Aid and CPR training, and in May they hope to have the first group of five volunteers.

Gobas said, "The nature of volunteer groups is that you will have turnover, so we will be recruiting year-round."

It is expected that there may be less turnover since volunteers will need to be committed to assist during a crisis and to invest their time to complete the training.

My Academic Journey From Page 4

goals. Some of the many programs that Cerritos College has to offer are; the nursing program that assures you a place at a local four year university in entering their nursing program, the Certified Automotive Fleet Manager courses which work in co-operation with the automotive industry.

I am so pleased with the teacher TRAC program that, similar to the nursing program, will allow transfer to a

local university upon completion of all required courses. Also, there are new programs that you can visit online that describe the Cerritos College Pathway Programs at <http://cms.cerritows.edu/pathways> or you can call (562) 860-2451 Ext. 2487.

Something that has not changed at Cerritos College is the welcoming feeling that you will experience as you move through the different depart-

ments at the College. From the admissions office to the President's office, you will encounter an understanding, considerate, and knowledgeable staff and professors who will support you as you travel through your academic journey.

I am proud of my former school and proud to be a very grateful alumni. You can learn more about Cerritos College at www.cerritos.edu or call (562) 860-2451.

Artesia Chamber Mixer



Artesia Chamber Vice President Lou Trerotola leads attendees at the February Artesia Chamber Networking Breakfast at Azon's Filipino Restaurant in a series of stretching exercises before they participated in a 30 second speed networking conversation to promote their businesses. Also shown exercising is President Parimal Shah. This was the first time the Artesia Chamber had hosted a Breakfast Mixer, but more are planned during the year.

DOGGY DAZE



outfit and some new cookie treats and make a day of it or just a few hours. Let me know and we can meet for shopping and cookies!

Duchess

Dear Duchess,

My mommy is looking for a restaurant to have some fun times with her friend and her Bulldog, Zeus. (He is soooo divine!) Where can we go?

Love Struck and Hungry

Duchess is a gorgeous, 5-year-old English bulldog who loves her mistress and cookies. She is in the process of writing her autobiography.

Dear Darling Duchess,
I am so BORED with all of this rain. What should I do?
BORED and BEAUTIFUL

Dear BEAUTIFUL,
Go shopping! Talk with your mommy and have her take you over to PetSmart and to the doggie day care. It is FABULOUS!!! There are lots so other doggies, and you will have so much fun! You can get a new

Dear Lovie,

I have the perfect place!!! Go to the Los Cerritos Shopping Center and have a DE-licious lunch or dinner at the Lazy Dog with your DE-luscious, Zeus. The food is so scrumptious, and they love dogs! I often go there with my mommy, and we have so much fun. We eat on the patio area and so many people stop by to say "hello." Hope to see you there!

Duchess

Are you having problems with your human? Please email me at mkimsey@thegatewayguardian.com. Don't forget to send along a photo.

2014 OPENING DAY
PANCAKE BREAKFAST

**SATURDAY
MARCH 15, 2014**

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**Distinguished
Young Women
Program**

April 6

Sponsored by the Rotary Club of Cerritos-Artesia, this scholarship program recognizes high school junior women who excel in Scholastics, Interview, Fitness, Talent and Poise.

Tickets - \$10
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Time to Reflect on the Word of God

By Melinda Kimsey

As we move through Lent, it is an especially good time to reflect on the writings in the Bible, for it is the Word of God. Soon, we will read about the suffering and death of Jesus.

However, at Easter, we are assured of resurrection. We can reflect on the moment when Jesus is on the crucifix, and He says to the dying man next to Him that because he is a believer, he will be in Paradise with Him on that day.

There are several times in the Bible that God calls Jesus His Son. And it is so in Matthew 17:1-9. There is the account of the Transfiguration of Jesus and Matthew tells us, "After six days, Jesus took Peter, James and John, his brother, and led them up a high mountain by themselves.

And He was transfigured before them; His face shone like the sun, and his clothes

became white as light. While He was still speaking, behold, a bright cloud cast a shadow over them, and then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to Him."

When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise, and do not be afraid."



Invitation to Reflect on the Gospel

Here we are given a glimpse of what the journey will be like for Jesus and that He is going to need the strength of His faith. Peter wants to stay in this place and time with Jesus.

However, Jesus knows what journey He must take

and that He cannot stay there in that time and place. He admonishes the disciples by saying, "Rise, and do not be afraid."

Most of us do want to stay in the place where we feel safe, happy and comfortable. We want to hold on to the great times of happiness and not experience pain or sadness.

But Jesus tells us that is not the way it should be. We should take the path of life that challenges us. We need to face the challenges and difficulties that are ahead, but Jesus tells us that we do not face these challenges and difficulties alone. He will always be with us, even at our darkest hour.

We too are being transformed through these difficult times. But the glory and salvation of the Holy Spirit is within us.

Each of us experiences moments of insight into our own lives. Each of us will have times when we make choices and then realize we are not doing all that God wants us to do.

Each of us has the grace that lies quietly within us to do the courageous things, sometimes big and sometimes small. Keep this close to your heart, "Rise and do not be afraid." Lastly, remember that with God all things are possible.

HOLY FAMILY ARTESIA CATHOLIC CHURCH

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Holy Family parish shares in Jesus Christ's mission of proclaiming and building up of God's Kingdom on Earth. Blessed with multicultural diversity, we, the parishioners are committed to the parish goals of evangelization, community building and Christian stewardship.

Sunday Masses:

6:30 a.m. (English), 8 a.m. (Spanish), 9:45 a.m. (English),
11:30 a.m. (English), 1 p.m. (Portuguese), 2:30 p.m.
(1st & 3rd Sunday Chinese Mass), 4 p.m. (English)
5:30 p.m. (English), 7:00 p.m. (English)

Saturday Mass: 8 a.m.

Saturday Evening (Anticipated) Mass: 5:00 p.m. (English)
7:00 p.m. (English; except 1st Saturday-Tagalog Mass)

Holy Days: 8:00 a.m. and 6:30 p.m. Weekday Masses:
8:00 a.m. and 6:30 p.m.

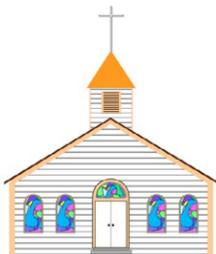
Holidays:
8:00 a.m. and 6:30 p.m.

★ Guidance: Proverbs 3:5-6

Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.



Share Your Church News With our Readers



Please submit information about:

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- Special Events
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California Small Business Assn. Endorses Mendoza for State Senate

Organization Representing 203,000 Small Businesses Joins Coalition of Labor and Business Organizations Supporting Mendoza

Former State Assemblymember Tony Mendoza announced today that he has received the endorsement of the California Small Business Association (CSBA) in his campaign for State Senate.

The CSBA represents over 203,000 small businesses in California. They are a volunteer-driven, nonprofit, non-partisan organization that makes its mission to provide small businesses with a meaningful voice in state and federal governments.

"I am honored to receive the endorsement of the Cali-

fornia Small Business Association and to include them in my ever-expanding coalition, which includes support from labor, business, educators, and community leaders," said Mendoza.

"Small businesses are the backbone of California's economy, and as State Senator, I will fight for job creating legislation and to create a legal and regulatory environment in California that is conducive to creating jobs."

The California Small Business Association joins a prominent list of supporters endors-

ing Mendoza including California State Senate President Pro Tem Darrell Steinberg, Pro Tem Designee Kevin de Leon, Congresswoman Janice Hahn, Congresswoman Grace Napolitano, Superintendent of Public Instruction Tom Torlakson, Board of Equalization Chairman Jerome Horton, State Senators Lou Correa, Ed Hernandez, Ted Lieu, Fran Pavely and Norma Torres and a host of local city council members, community college trustees, school board members, water board members and many labor organizations.

Linking Health of Body, Mind & Spirit



Dr. Michael Day, chiropractor and exercise physiologist, discusses improving health and nutrition with organic foods.

By Edna Ethington

St. Irenaeus Health Ministry invites everyone to attend a special faith-based presentation by Dr. Michael Day, entitled "Linking Health of Body, Mind & Spirit" on March 24 at 7 p.m. in the Parish Hall, 5201 Evergreen Avenue in Cypress.

Dr. Day is a chiropractor and exercise physiologist

whose passion is to encourage people to have simple, pragmatic natural health options that can transform their lives.

Dr. Day received a Bachelor of Exercise Physiology from West Virginia University and a Doctor of Chiropractic Degree from Los Angeles College of Chiropractic.

He has been in private chiropractic practice for five years and founded DayWell-

ness, his holistic natural health practice in Long Beach, about a year and a half ago. Day-Wellness offers Chiropractic, Acupuncture, Rehabilitation, Nutrition and Massage therapies.

Dr. Day was diagnosed with Chronic Fatigue Syndrome in his early 20s and found healing through faith in combination with chiropractic, acupuncture, nutrition and movement-based therapies.

After his own experience with this illness and his recovery to vibrant health, his mission now is to assist others.

Although Dr. Day is not Catholic, he has adopted as his personal life motto the words of St. Irenaeus, "The glory of God is man fully alive."

For more information, please contact Betty Borowski at 714-826-0760. No reservations are needed. All are welcome.

Non-traditional Careers for Women Conference Inspires HS Students

Cerritos College hosted the second annual Nontraditional Careers for Women Conference on Feb. 25. Nearly 100 female students from ABC, Downey and Norwalk-La Mirada Unified Districts attended the conference.

The half-day conference kicked off with a guest speaker, Dr. Lynn Shaw, electrical technology professor at Long Beach City College. She is an expert on career technical education, apprenticeship and women in nontraditional careers.

She has been invited to the White House, worked for the Department of Labor as a subject matter expert and has won multiple awards for her advocacy on behalf of youth, women and community college students.

Dr. Shaw has had a non-traditional work history as a

woman. She has worked as a miner, steelworker, long shore worker and journey level electrician.

In the 1980's when Dr. Shaw was frustrated with being the only woman on construction job sites, she founded "WINTER," Women In Non-traditional Employment Roles, a non-profit organization that supports women working in the skilled trades and others who wanted these high paying careers.

WINTER now has a national reputation and educates and trains over a thousand women every year, preparing them for high-wage high-skill nontraditional careers.

She encouraged attending female students to take advantage of the great opportunities nontraditional careers offer.

Dr. Shaw's presentation

included a small exercise in which the students assembled electrical wires.

Following Dr. Shaw's speech and lively Q&A session, students heard from professionals in construction, science and technology fields. Students learned that typical common myth that certain jobs are considered men's/women's work is simply a gender stereotype and not true.

"Many high school seniors are undecided about what we want to do, but this event opened our eyes to various career possibilities," said an attending student.

A job is considered non-traditional if 25 percent or less of the workforce is of one gender. The second annual Non-traditional Career Conference for males will be held sometime this fall.



At the Chapter II of Catholic Charities Auxiliary Quartermania fundraiser on Feb. 15, Mary Ann Cornelius, Chapter II's Secretary, offers opportunity tickets to win \$100 worth of lottery tickets.

Quartermania Raises Funds for Catholic Charities

By Edna Ethington

More than \$2,000 was raised for Catholic Charities of Orange County at the Quartermania fundraiser held at St. Pius V's Parish Hall in Buena Park on Feb. 15. Approximately 100 members of the Chapter II of Catholic Charities Auxiliary attended.

Each Quartermania participant donated \$15 for a lunch, dessert, one paddle and one free opportunity ticket. They used quarters to bid on 80 items that 14 vendors offered for auction and could purchase opportunity drawing tickets for a chance to win items donated by the vendors.

Chapter II's Director Laurie Bois organized the fundraiser. She and Treasurer Josie Ninofranco were joined by new member Marge Flannigan at the Parish Hall to decorate tables in Valentine's Day colors of red and white.

They prepared about 120 colorful bags for lunch with either turkey, ham or vegetarian Subway sandwiches, a bottle of water, a tangerine and a package

of chips, along with lemonade, coffee and iced tea. Leftover food was donated to a Homeless Shelter in Buena Park.

Chapter II of Catholic Charities Auxiliary includes parishioners of parishes in the cities of Anaheim, Buena Park, Garden Grove, Westminster, Stanton, Los Alamitos, Rossmore, Seal Beach, Cypress and La Palma. Chapter II Board

Members represent different churches and cities as follows: Director Laurie Bois, St. Pius V in Buena Park; Assistant Directors Diane Halal, St. Hedwig Church in Los Alamitos and Mary O'Hara from St. Irenaeus Church in Cypress; Secretary Mary Ann Cornelius from St. Justin Martyr Church in Anaheim; Treasurer Josie Ninofranco; and Publicity Edna Ethington from St. Irenaeus Church in Cypress.

Chapter II will be meeting on March 11 at 2:45 p.m. at Mary O'Hara's home at 9194 Ethel Street in Cypress. For more information, contact Director Laurie Bois at 714-600-0191 or Mary O'Hara at 714-828-1220.

Cerritos Chamber Mixer



Cerritos Chamber of Commerce members were not only able to meet and greet each other at the Chamber's Networking Mixer Feb. 25 at Ferrari's A'roma Ristorante in La Palma but also sample some of the Italian food the restaurant is noted for, as well as a variety of fine wines. Attending the mixer were Cerritos College Foundation Executive Steve Richardson, Business Executive Stephen Blunt, Los Angeles County Supervisor Don Knabe, and former Cerritos Mayor Jim Edwards.

SAVE THE DATE

Community Family Guidance Center's

24th Annual Golf Classic

Campaign to Grow Strong Families and Prevent Child Abuse!

Monday, May 19

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March 16 (Sun) Destination Sochi Competition
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March 23 (Sun) USFS Spring Training Camp
 This camp is geared towards pre-juvenile through intermediate level athletes working to get a competitive head start prior to the summer competition season. The 2014 U.S. Figure Skating Spring Training Camp is a one-day camp, modeled after the U.S. Figure Skating National Program Components Camp, and will feature elite faculty members selected for their expertise in teaching athletes skills in the program components area.

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For Info and Lane Sponsorship Contact:

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